

# **HCP Planning Guidance for Group 1 Agencies**

## **Local Systems Building Efforts**

### **FY2012**

This document provides direction for HCP local systems building efforts for Group 1 local health agencies who are writing the MCH/HCP Operational Plan for FY12.

#### **Changes to the HCP Planning Process**

1. MCH/HCP Operational Plan

The approach for the MCH/HCP Operational Plan has changed for FY12. Objectives and activities for the MCH/HCP Operational Plan will be focused solely on local systems building efforts. Improving local community systems that benefit CSHCN and their families involves reviewing data, assessing community needs, and prioritizing activities based on program capacity. These steps align with the MCH planning process that is utilized to develop objectives and activities for the prenatal and children/youth populations. As an FY12 pilot, group 1 will be asked to focus HCP local systems building efforts on the birth to 3 cohort of the CSHCN population.

2. HCP Scope of Work

Specific HCP Program requirements for HCP Care Coordination, facilitation of HCP Specialty/ D&E Clinics and HCP Regional Office Team responsibilities will not be included in the FY12 MCH/HCP Operational Plan. Expectations and deliverables for these activities will be outlined for all agencies in the FY12 contract through the HCP Statement of Work. HCP Policy and Guidelines will be referenced in the HCP Statement of Work.

3. Budget

LHA s will still develop a complete budget for all of the activities in both the MCH/HCP Operational Plan and the HCP Statement of Work (e.g., local systems building, care coordination and clinics, if applicable) and will include this budget with their MCH Plan as has been done in the past. However, it is expected that 30 percent of the LHA's state HCP allocation (not local funds) will be spent on local systems building activities.

#### **HCP Local Systems Building**

Local systems building for children with special health care needs (CSHCN) and their families includes:

- Identification of community services and supports that are needed for CSHCN and their families,

- Assessment of ease of access to services and supports for CSHCN and their families
- Identification and implementation of systems level changes that will facilitate ease of access to services and supports for CSHCN and their families.

These steps help determine how to best support a medical home approach at the community level, as opposed to the practice level. HCP is uniquely positioned in each community to lead, coordinate, and/or partner in collaborative systems building efforts to ensure that services for CSHCN are organized for ease-of-use by families, while supporting the principals of the medical home approach within that community. By partnering across a variety of community sectors in local system building efforts, the strengths, gaps, and barriers to a medical home approach can be identified and systemic changes can be implemented to improve services for CSHCN and their families.

Since systems building work is, in large part, accomplished through partnerships, a clear understanding of the services and supports provided by and defined roles and responsibilities of each partner is key in order for collaborative systems building efforts to be effective. Because strong partnerships are so integral to the success of systems building efforts, an important component of the evaluation of your local systems building objective will be the quality of the partnership(s).

### **Rationale for a focus on Early Childhood**

Community level systems barriers exist for CSHCN from birth through transition into adulthood. That being said, with limited resources HCP does not have the capacity to address every identified barrier simultaneously or to work with every systems building partner that may be involved in serving the CSHCN population birth through age 21. Thus, the early childhood cohort of the CSHCN population has been selected for the following reasons.

Early identification of children with special health care needs provides the opportunity for referral to appropriate medical, psychosocial, financial/economic and preventive services that may prevent or ameliorate a variety of short and long term medical and developmental sequelae. Since children with special health care needs, especially infants and toddlers, are not consistently identified, there are often delays in the receipt of services and supports that could greatly improve the child's health status and benefit family functioning.

Throughout Colorado, a network of local early childhood systems building partners exists. These partnerships include, but are not limited to Local Interagency Coordinating Councils, Early Childhood Councils, ABCD teams, and Early Childhood Health Integration Teams. Focusing the HCP local systems work on the early childhood cohort of the CSHCN population affords us

the opportunity at both the local and state level to leverage our efforts with these partners and their existing systems building collaborative groups.

**Alignment with MCH National Performance Measures and State Priorities**

Local systems building is closely aligned with two key national MCH performance measures and with two new Colorado MCH Priorities for 2011-2015 as noted below.

<b>National Performance Measures</b>	<b>2011-15 Colorado State MCH Priorities</b>
<p>Measure #3 – The percent of CSHCN ages 0-17 who receive coordinated, ongoing, comprehensive care within a medical home – 48.2 percent (Colorado), 2005-2006 National Survey for Children with Special Health Care Needs</p> <p>Measure #5 – The percent of CSHCN ages 0-17 who families report community based- systems are organized so they can be use them easily – 87.8 percent (Colorado), 2005-2006 National Survey for Children with Special Health Care Needs</p>	<p>Priority #3 -Improve developmental and social emotional screening and referral rates for all children birth to 5;</p> <p>Priority #6 - Reduce barriers to a medial home approach by facilitating collaboration between systems and families.</p>

**Guidance for HCP Local Systems Building Efforts for FY12**

Specific suggestions for the following components in the MCH/HCP Operational Plan are included below.

**HCP Goal**

All children with special health care needs (CSHCN) in Colorado will receive needed, easy-to-use and coordinated community and health care services, within a community medical home team approach

**Needs Assessment**

For the MCH/HCP Operational Plan, the target population for HCP local systems building efforts is children birth to 3 who have special needs or may be at increased risk for special needs. Provide information on this population of focus using pertinent national, state, regional and/or local data for children birth to age 3, with a focus on children with special health care needs and/or those at increased risk for special health care needs. Examples include, but are not limited to:

- Children eligible for Early Intervention Colorado (EI) services
- Children who do not complete the EI referral and/or evaluation

- Children found ineligible for EI services and are potentially at high risk for developmental delays.
- Children at high risk for developmental delays and high risk of experiencing health inequities due to race/ethnicity, income and other social determinants.
- Children at high risk for developmental delays and other special needs (for example, NICU graduates/late preterm births)

### **Planning Assumptions**

- Identify the key partners involved in your community's early childhood systems building efforts
- Describe the existing collaborative groups focused on early childhood systems building in your community
- Describe if and how these collaborative groups address early childhood issues across the domains of health, mental health, family support/parent education and early learning.
- Describe if and how family voice is represented in your community's early childhood systems building efforts
- Describe the strengths and challenges of your community's early childhood systems building efforts.
- Describe your geographic area of focus for early childhood systems building (i.e., your entire HCP region or a geographic target within the region)
- Describe HCP regional and/or agency capacity strengths and challenges, including staff, funding, and other resources.
- Describe if and/or how the HCP regional and/or agency is currently involved in early childhood systems work.

### **Developing Program Objectives**

Group 1 agencies are required to have at least one objective related to early childhood systems building efforts. In addition to the early childhood local systems objective, group 1 agencies can choose to include systems building objective(s) that focus on another target population and system that impacts children and youth with special health care needs. If an agency chooses to do this, the needs statement and planning assumptions sections should include information and data relative to the target age cohort and related system infrastructure. Choosing to work on multiple objectives for systems efforts should be based on community need, HCP funding, agency capacity, additional community funding beyond HCP, etc. This will likely include local systems building efforts in which your HCP region/agency are currently involved or that have been identified through a community needs assessment.

**Suggested Potential Systems for Local Systems Building (beyond Early Childhood):**

Transition for children 14-21; School Services and IEPs; Developmental Disabilities ( local CCB) Respite Care; D&E and/or Specialty Clinics; Behavioral Health Services; Oral Health, Nutrition Services; Family Support Services (local Family Resource Centers), Human Services/Child Welfare

**Suggested Potential Partners/Agencies for Local Systems Building (beyond Early Childhood):**

School Districts, School Nurses, Parents/Families/Youth, Respite Providers/Programs, Community Center Boards (CCB), Community Providers, Community Health Center, Behavioral Health Agencies, Family Voices Colorado (state only), Peak Parent Center Regional Liaison, EPSDT, Medicaid, CHP+, WIC, County Public Health Nurses, etc.

**Suggested Potential Target Population for Local Systems Building (beyond Early Childhood):**

Youth with SHCN age 14-21, pre- school and school age children age 3-21, children and youth with behavioral health concerns, children in protective services, children in foster care, families using assistance with home health care, etc.

NOTE: State HCP prefers if target populations aren't based on individual diagnoses.

**Where do I get more information on early childhood systems and other relevant data?**

- Colorado MCH Action Guides
  - Champion a Medical Home Approach for CSHCN, [http://www.cdphe.state.co.us/ps/mch/newfiles/ActionGuide\\_Medical%20Home\\_020509.pdf](http://www.cdphe.state.co.us/ps/mch/newfiles/ActionGuide_Medical%20Home_020509.pdf)
  - Assuring Better Child Health and Development (ABCD) Project Action Guide, [http://www.cdphe.state.co.us/ps/cash/earlychild/Action%20Guide-EC%20Health%20Integration%20Grant-ABCD%207\\_09.pdf](http://www.cdphe.state.co.us/ps/cash/earlychild/Action%20Guide-EC%20Health%20Integration%20Grant-ABCD%207_09.pdf)
- Early Intervention Colorado, [www.eicolorado.org](http://www.eicolorado.org)
- HCP 2011 Data Links, <http://www.cdphe.state.co.us/ps/hcp/localofficeresources.html>
- Select National Outcome Measures for Children with Special Health Care Needs, Colorado, 2005-2006, <http://www.cdphe.state.co.us/ps/hcp/Resources/CSHCN%20Outcome%20Measures%201-27-11.pdf>
- MCH Data Sets, County Specific, <http://www.cdphe.state.co.us/ps/mch/mchdatasets.html>
- Colorado Maternal and Child Health Priorities- MCH Stakeholder's Meeting 9-17-2010, <http://www.cdphe.state.co.us/ps/mch/MCHarchiveResources.html>
- Colorado MCH Priorities for 2001- 2015, [http://www.cdphe.state.co.us/ps/mch/ArchiveFiles/CO\\_2011\\_2015\\_StatePriorities\\_NationalandStatePerformanceMeasures.doc](http://www.cdphe.state.co.us/ps/mch/ArchiveFiles/CO_2011_2015_StatePriorities_NationalandStatePerformanceMeasures.doc)

- The Connection between Health Disparities and the Social Determinants of Health in Early Childhood, Health Watch, Nov 2010, No. 77
- Colorado Department of Health and Environment, Office of Health Disparities (2009). Racial and Ethnic Health Disparities in Colorado 2009, CDPHE
- Life Course Model and Maternal Child Health, Contra Costa Health Services – Family, Maternal and Child Health Programs, April 2005
- Early Childhood Systems Building From a Community Perspective, The Colorado Trust, April 2010, [www.coloradotrusted.org](http://www.coloradotrusted.org) - publication/news/active goals
- Early Childhood Framework, [http://earlychildhoodcolorado.org/inc/uploads/CO\\_EC\\_Framework.pdf](http://earlychildhoodcolorado.org/inc/uploads/CO_EC_Framework.pdf)
- Early Childhood Framework In Action, <http://earlychildhoodcolorado.org/search/?searchword=framework+in+action>, Progress Reports
- EI Results Matter, [www.eicolorado.org](http://www.eicolorado.org),
- Social Determinants of Health <http://www.cdphe.state.co.us/ps/cash/earlychild/The%20Impact%20of%20Social%20Determinants%20on%20Childrens%20Health.pdf>
- JFK Partners Toolkit, [www.ifkpartners.org](http://www.ifkpartners.org)
- Early Head Start, Special Quest, [www.ehsnrc.org](http://www.ehsnrc.org)
- Wonderbabies, [www.wonderbabiesco.org](http://www.wonderbabiesco.org), under “Resources” is local Early Intervention (EI) data
- An Assessment of Services Partnerships Affecting Younger Children, Sid Gardner and Nancy K. Young, PhD; Oct 2, 2009 [http://www.gic-ec.org/images/uploads/Services\\_Partnerships\\_Assessment\\_paper.pdf](http://www.gic-ec.org/images/uploads/Services_Partnerships_Assessment_paper.pdf)
- Infants and Toddlers with Special Health Care Needs in Colorado, Identification, Description, Needs and Recommendations, White Paper, Joy Brown, Barbara Deloain, 7/31/07, <http://www.wonderbabiesco.org/UserFiles/File/White%20Paper.pdf>
- Prevalence of Developmental Delays and Participation in Early Intervention Services for Young Children, RICS Vol. 121 No. 6 June 2008, pp. e1503-e1509 (doi:10.1542/peds.2007-1680)
- Early Childhood Health Initiative, <http://www.cdphe.state.co.us/ps/cash/earlychild/earlychildintegration.html>