

## Results from Recent Surveys on Child Health

### Colorado Child Health Survey, 2004 and 2005 National Survey of Children's Health, Colorado and National Data, 2003

<i>Topic/Question</i>	Colorado Data			U.S. Data
	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2005	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2004	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003
<b>Overall Health Status</b>				
Children whose overall health is				
excellent or very good	83.7%	86.2%	86.6%	84.1%
good	12.4%	10.2%	11.3%	12.7%
fair or poor	3.9%	3.6%	2.1%	3.2%
Children with health problems rated as moderate/severe	NA	NA	6.7%	7.9%
Children who need more medical/health or educational services than most children	10.7%	12.0%	NA	NA
Of these children, need care because of any medical, behavioral, or other health condition	75.4%	75.6%	NA	NA
Of these children, condition has lasted or is expected to last a year or longer	85.4%	94.3%	NA	NA
Child limited in any way to do things most children of same age can do	6.4%	5.9%	NA	NA
Of these children, limitation due to any health condition	75.2%	72.2%	NA	NA
Of these children, condition has lasted or is expected to last a year or longer	95.2%	98.6%	NA	NA
Child needs or gets any special therapy: physical, occupational, or speech	6.7%	6.7%	NA	NA
Of these children, need special therapy due to any medical, behavioral, or other health condition	66.6%	43.2%	NA	NA
Of these children, need for special therapy has lasted or is expected to last a year or longer	98.5%	97.7%	NA	NA
<b>Health Care in the Past Year</b>				
Preventive care visits				
Received medical	NA	NA	77.4%	77.8%
Received dental (age 1-17)	NA	NA	94.8%	92.9%
Received both medical and dental	NA	NA	57.7%	58.8%
Received mental health care for behavioral problems	NA	NA	56.9%	58.7%
Visited emergency room 1 time	NA	NA	13.0%	12.8%
Visited emergency room 2 or more times	NA	NA	4.2%	5.7%

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<b>Topic/Question</b>				
<b>Health Care in the Past Year (continued)</b>				
Received all necessary medical care	98.6%	98.0%	98.6%	98.5%
prescription medication	NA	NA	99.3%	98.8%
Medication				
Children using prescription medication other than vitamins	15.3%	14.2%	NA	NA
Of these children, needing prescription medicine because of any medical, behavioral, or other health condition	86.2%	88.0%	NA	NA
Of these children, condition has lasted or is expected to last a year or longer	81.9%	93.4%	NA	NA
<b>Quality of Health Care</b>				
Children				
with a medical home	NA	NA	45.8%	46.1%
receiving comprehensive health care from personal doctor or nurse	NA	NA	45.8%	46.1%
with a personal doctor or nurse	70.4%	86.6%	81.0%	83.3%
with a personal doctor or nurse who spends enough time and explains things	NA	NA	63.9%	65.6%
whose personal doctor or nurse is consistently available when phone advice/urgent care needed	NA	NA	92.1%	91.7%
who had problems getting specialty care, services, equip. rec. by personal doctor/nurse	NA	NA	15.0%	15.5%
whose personal doctor or nurse followed up after services during past year	NA	NA	52.2%	57.8%
whose doctors were visited during the past year but did not ask about parents' concerns (children age 0-5)	NA	NA	45.0%	54.4%
with highly concerned parents whose doctors provided needed information (children age 0-5)	NA	NA	62.1%	43.3%
<b>Asthma</b>				
Child was ever told by doctor that he/she had asthma	10.9%	12.5%	NA	NA
Children affected by asthma during past year	NA	NA	7.3%	8.1%
whose families are greatly/moderately affected	NA	NA	12.9%	16.3%
Children using prescription medication other than vitamins	15.3%	14.2%	NA	NA
Of these children, needing prescription medicine because of any medical, behavioral, or other health condition	86.2%	88.0%	NA	NA
Of these children, condition has lasted or is expected to last a year or longer	81.9%	93.4%	NA	NA
Children with asthma who				
use a rescue inhaler (albuterol, alupent, ventolin, proventil, or maxair)	63.1%	75.9%	NA	NA
Of those children who use a rescue inhaler:				
needed a refill 1-3 times in 6 months	55.7%	69.5%	NA	NA

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<b><i>Asthma (continued)</i></b>				
needed a refill 4 or more times in 6 months	8.9%	11.6%	NA	NA
did not need a refill in 6 months	35.3%	18.9%	NA	NA
were hospitalized during past year	6.3%	8.8%	NA	0.5%
use daily medication to prevent asthma symptoms	29.2%	35.5%	NA	NA
<b><i>Behavior and Development</i></b>				
For children (age 1-14 CHS; age 3-17 national surveys)				
Difficulties with concentration, emotions, behavior, or getting along with others	29.2%	28.5%	14.5%	17.8%
Of all children with difficulties				
problems considered moderate or severe	45.7%	45.1%	49.7%	51.6%
current counseling or treatment for difficulties	18.3%	20.1%	NA	NA
past counseling or treatment for difficulties	19.3%	15.3%	NA	NA
no counseling or treatment for difficulties, past or present	62.4%	64.6%	NA	NA
For children (age 1-5, CHS; age 0-5, national surveys)				
Any parental concerns about learning, development, behavior of child	7.8%	10.9%	5.6%	6.8%
For children 12-17 months, concerns about child				
talking	8.1%	11.9%	NA	NA
understanding what you say	4.1%	8.0%	NA	NA
using hands and fingers	4.1%	8.0%	NA	NA
using arms and legs	9.1%	19.1%	NA	NA
behaving	8.2%	22.7%	NA	NA
getting along with others	16.2%	8.0%	NA	NA
learning to do things for themselves	7.1%	19.1%	NA	NA
For children 18-71 months, concerns about child				
talking	16.4%	17.8%	NA	NA
understanding what you say	7.2%	8.0%	NA	NA
using hands and fingers	4.7%	4.8%	NA	NA
using arms and legs	4.3%	11.6%	NA	NA
behaving	24.4%	24.5%	NA	NA
getting along with others	20.9%	17.7%	NA	NA
learning to do things for themselves	9.0%	14.6%	NA	NA

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<b><i>Behavior and Development (continued)</i></b>				
learning preschool and school skills	12.6%	13.2%	NA	NA
Children at risk for developmental delay (age 1-5)				
Low risk	NA	NA	14.9%	16.3%
Moderate/high risk	NA	NA	16.6%	24.5%
No risk	NA	NA	68.5%	59.2%
Children age 3-17 whose mental and emotional health puts burden on family a great deal or medium amount	NA	NA	21.4%	28.0%
Children age 6-17 who often exhibit 2 or more problematic behaviors	NA	NA	5.7%	7.8%
Parents ever told their child				
age 3-17 had a learning disability	NA	NA	8.6%	9.7%
age 2-17 had ADD or ADHD	NA	NA	4.3%	6.9%
age 0-17 had a developmental delay or physical impairment	NA	NA	3.6%	3.4%
<b><i>Breastfeeding</i></b>				
Children who were breastfed for any length of time (age 1-5 in CHS; age 0-5 in national surveys)	85.3%	83.8%	85.2%	72.3%
Among those children age 1-5 who were breastfed, breastfeeding stopped at				
Less than 3 months	14.2%	19.0%	NA	NA
3 to less than 6 months	20.6%	17.9%	NA	NA
6 to less than 9 months	24.6%	20.0%	NA	NA
9 to less than 12 months	15.6%	10.8%	NA	NA
12 months or more	25.1%	29.4%	NA	NA
Mother still breastfeeding at time of survey	0.0%	3.1%	NA	NA
<b><i>Car Safety</i></b>				
Use of a safety seat, booster seat, or seat belt while riding in a car, truck, or SUV				
Always	93.5%	90.1%	NA	NA
Nearly always	3.7%	6.6%	NA	NA
Sometimes, seldom, or never	2.7%	3.3%	NA	NA

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<b>Car Safety (continued)</b>				
Primary mode of constraint when riding				
Lap belt only	1.9%	2.6%	NA	NA
Shoulder and lap belt only	53.4%	55.0%	NA	NA
Rear facing infant car seat	0.6%	0.5%	NA	NA
Forward facing car seat with harness	22.5%	22.8%	NA	NA
Booster seat used with car's lap or shoulder belt	18.0%	17.0%	NA	NA
Something else	3.6%	1.9%	NA	NA
In the past month, children who rode with someone driving 10 mph or more over speed limit				
Once or twice	11.1%	12.7%	NA	NA
Three or more times	20.8%	21.2%	NA	NA
<b>Child Care</b>				
Children age 0-5 whose parents report child care issues during past month	NA	NA	28.0%	33.2%
Children age 0-5 whose parents had to make special arrangements for child care during past month*				
Once	NA	NA	8.9%	9.3%
2-3 times	NA	NA	11.7%	12.4%
4 or more times	NA	NA	3.6%	5.7%
Family members of children age 0-5 who quit, did not take, or greatly changed a job due to child care problems in past year	NA	NA	7.4%	11.1%
Children age 0-5 who regularly attended non-parental child care in past month	NA	NA	59.2%	65.1%
Children age 6-11 who stayed home alone during past week	NA	NA	19.0%	15.9%
<b>Dental Health</b>				
Children whose overall dental health is				
excellent or very good	70.7%	71.8%	70.0%	68.5%
good	19.1%	18.5%	20.3%	21.9%
fair or poor	10.1%	9.7%	9.6%	9.6%

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<b>Dental Health (continued)</b>				
Children with specific problems with teeth				
Pain	0.6%	0.3%	NA	NA
Cavities	16.0%	15.5%	NA	NA
Crooked teeth	20.8%	17.4%	NA	NA
Other	9.4%	8.8%	NA	NA
None	53.3%	57.9%	NA	NA
<b>Family Health and Activities</b>				
Children read aloud to by family members during past week (age 1-5 in CHS; age 0-5 in national surveys)				
1 or 2 days	9.5%	7.9%	10.6%	13.3%
3 or 4 days	19.1%	17.2%	16.1%	19.9%
5 or 6 days	13.5%	14.4%	9.9%	11.6%
Every day	54.5%	57.3%	56.2%	47.8%
Not read aloud to	3.5%	3.2%	7.1%	7.4%
Children who attend religious services				
Once a week	NA	NA	47.8%	55.7%
Once a month	NA	NA	16.6%	16.7%
Once a year	NA	NA	8.5%	6.3%
Never	NA	NA	27.1%	21.4%
Children living in "working poor" households**	NA	NA	8.7%	12.4%
Children age 0-5 who went on outings with family members during past week***				
1-3 times	NA	NA	28.8%	38.6%
4-6 times	NA	NA	41.6%	34.8%
7 or more times	NA	NA	27.2%	23.8%
No outings	NA	NA	2.4%	2.8%
Children age 6-17 who got enough sleep during past week				
1-3 nights	NA	NA	5.1%	5.3%
4-6 nights	NA	NA	24.8%	22.8%
Every night	NA	NA	67.9%	68.8%
Not enough any night	NA	NA	2.3%	3.1%

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<b>Family Health and Activities (continued)</b>				
Children who spend time watching TV, DVDs or videos on average day				
Less than 1 hour	14.1%	5.5%	NA	NA
1 to less than 2 hours	34.0%	33.0%	NA	NA
2 to less than 3 hours	26.9%	32.3%	NA	NA
3 or more hours	18.9%	21.1%	NA	NA
No time spent	6.1%	8.2%	NA	NA
Children age 5-14 who spend time playing video/computer games or using the Internet on average day				
Less than 1 hour	27.3%	16.7%	NA	NA
1 to less than 2 hours	26.7%	34.9%	NA	NA
2 to less than 3 hours	10.1%	10.1%	NA	NA
3 or more hours	4.2%	2.9%	NA	NA
No time spent	31.7%	35.4%	NA	NA
Children age 6-17 who spend time watching TV, playing video games on average school day				
1 hour or less	NA	NA	52.5%	47.6%
2-3 hours	NA	NA	34.0%	37.7%
4 or more hours	NA	NA	4.4%	7.2%
No time spent	NA	NA	9.1%	7.5%
<b>Immunizations, Age 1-5</b>				
Child has an immunization record	97.6%	94.2%	NA	NA
Of those with a record:				
Child has all immunizations recorded on record	97.0%	96.5%	NA	NA
Children whose parents take immunization record when going to a physician or clinic				
Always	49.8%	44.4%	NA	NA
Usually	12.2%	9.5%	NA	NA
Sometimes	6.6%	13.8%	NA	NA
Rarely	5.1%	5.1%	NA	NA
Never	26.3%	27.1%	NA	NA
Parents of children get information on vaccines from (mutually exclusive categories):				
Private medical doctor or doctor's office	86.7%	95.0%	NA	NA
Internet	12.5%	9.2%	NA	NA

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<b>Immunizations, Age 1-5 (continued)</b>				
Local health departments	8.4%	4.0%	NA	NA
Biggest challenges to getting child immunized (mutually exclusive categories):				
None	72.8%	74.9%	NA	NA
Fear/pain/crying	NA	7.8%	NA	NA
Difficult to get an appointment	4.1%	NA	NA	NA
Worried about side effects	3.8%	NA	NA	NA
Cost	NA	2.0%	NA	NA
<b>Injuries</b>				
Children age 0-5 with injuries requiring medical attention during past year	NA	NA	9.6%	9.4%
Children age 1-14 with injuries serious enough to receive medical treatment or advice who miss school, remain in bed for at least half day during the past three months	4.8%	5.1%	NA	NA
Of those children injured in past 3 months, child				
missed school or stayed in bed at least half a day, but didn't seek medical advice or treatment	8.9%	9.1%	NA	NA
went to a physician or clinic	41.8%	43.9%	NA	NA
went to an emergency room but was not admitted to the hospital	47.9%	35.6%	NA	NA
stayed in the hospital at least overnight	1.3%	11.4%	NA	NA
Location where child's injury occurred				
Home or private residence	38.5%	53.1%	NA	NA
School or child care center	30.1%	24.5%	NA	NA
Indoor or outdoor recreation area	9.7%	16.8%	NA	NA
Other	8.1%	5.5%	NA	NA
<b>Insurance</b>				
Children who are				
currently insured	87.4%	89.6%	89.1%	91.2%
currently uninsured or not insured for some period during past year	20.0%	17.9%	16.6%	14.9%
uninsured at time of survey	12.6%	10.4%	11.0%	8.8%
covered by private health insurance	NA	NA	68.7%	63.5%
covered by public health insurance	NA	NA	20.3%	27.7%
covered by dental health insurance	NA	NA	72.7%	77.2%

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<b>Maternal Health</b>				
Children with mothers whose overall physical health is				
excellent/very good	NA	NA	71.7%	66.2%
good	NA	NA	19.9%	23.8%
fair/poor	NA	NA	8.4%	9.9%
Children with mothers whose overall mental health is				
excellent/very good	NA	NA	75.8%	71.4%
good	NA	NA	19.4%	22.1%
fair/poor	NA	NA	4.8%	6.5%
Children with mothers whose overall physical and mental health are both excellent/very good	NA	NA	64.9%	58.9%
<b>Medication</b>				
Children using prescription medication other than vitamins in the past year	15.3%	14.2%	NA	NA
Of these children, need medication because of any medical, behavioral, or other health condition	86.2%	88.0%	NA	NA
Of these children, condition has lasted or is expected to last a year or longer	81.9%	93.4%	NA	NA
<b>Nutrition</b>				
Children who ate together with family during past week				
1-3 days	NA	NA	16.1%	19.3%
4-6 days	NA	NA	30.1%	28.9%
Every day	NA	NA	50.7%	47.2%
No meals together	NA	NA	3.2%	4.5%
Children who ate together with family during past week				
1-2 times	4.9%	9.0%	NA	NA
3-4 times	13.8%	20.7%	NA	NA
5 or more times	80.8%	68.7%	NA	NA
No meals together	0.6%	1.7%	NA	NA
Children who ate 5 or more fruits and vegetables daily	13.7%	9.9%	NA	NA

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<b>Topic/Question</b>				
<b>Nutrition (continued)</b>				
Parental reliance on low-cost food to feed child because running out of money				
Often true	6.7%	4.5%	NA	NA
Sometimes true	25.0%	23.8%	NA	NA
Never true	68.3%	71.6%	NA	NA
In past year, child was ever hungry but parent could not afford more food	2.5%	2.5%	NA	NA
<b>Parental Attitudes toward a School Environment that Encourages Health</b>				
Parents who believe schools should provide an environment that encourages health				
Very important	NA	88.7%	NA	NA
Somewhat important	NA	10.3%	NA	NA
Parents who support age-appropriate education in school regarding				
Alcohol or other drug use prevention	97.7%	97.9%	NA	NA
Dental and oral health in schools	98.3%	99.4%	NA	NA
Emotional and mental health	92.1%	91.6%	NA	NA
Human sexuality	84.5%	85.3%	NA	NA
Nutrition and dietary behavior	99.1%	99.5%	NA	NA
STDs and STD prevention	87.8%	88.7%	NA	NA
Suicide prevention	94.1%	92.8%	NA	NA
Sun safety	93.3%	NA	NA	NA
Tobacco use prevention	96.9%	97.6%	NA	NA
Violence prevention	98.6%	97.5%	NA	NA
Parents believe child should begin receiving education about HIV infection and AIDS in the				
First to fourth grade	14.8%	15.1%	NA	NA
Fifth grade	17.7%	17.0%	NA	NA
Sixth grade	26.0%	28.0%	NA	NA
Seventh grade	17.6%	18.0%	NA	NA
Eighth to ninth grade	15.3%	16.2%	NA	NA
Tenth to twelfth grade	6.5%	2.3%	NA	NA

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<b>Parental Attitudes toward Nutrition in School</b>				
Changing beverage contents in school vending machines				
Parents who strongly support	78.7%	71.3%	NA	NA
moderately support	18.4%	23.6%	NA	NA
Changing food and snack contents in school vending machines				
Parents who strongly support	74.1%	64.7%	NA	NA
moderately support	21.2%	30.9%	NA	NA
Limitation of high fat/sugar foods in schools				
Parents who think it is very important to limit	78.6%	70.0%	NA	NA
think it is somewhat important to limit	18.1%	25.7%	NA	NA
<b>Parenting</b>				
Coping with daily demands of parenthood/child rearing				
Very well	59.4%	NA	NA	NA
Somewhat well	40.1%	NA	NA	NA
Not very well	0.5%	NA	NA	NA
Felt you were giving up more of your life to meet child's needs than you expected in past month				
Always or usually	21.1%	NA	NA	NA
Sometimes	31.1%	NA	NA	NA
Never	47.8%	NA	NA	NA
Felt angry with child in past month				
Always or usually	3.8%	NA	NA	NA
Sometimes	74.9%	NA	NA	NA
Never	21.4%	NA	NA	NA
Children whose parents often felt aggravated with them in past month	NA	NA	6.2%	7.9%
Parents who have someone to turn to for day-to-day emotional help with raising children	89.3%	NA	NA	NA

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<b>Physical Activity</b>				
Participation in 20 minutes of physical activity during past week (age 6-17)				
1-3 days	NA	NA	32.7%	29.6%
4-6 days	NA	NA	33.6%	33.0%
Every day	NA	NA	23.5%	26.0%
No participation	NA	NA	10.2%	11.4%
Children age 6-17 who participate in 1 or more organized activities outside of school	NA	NA	84.7%	81.0%
Children age 5-14 on a sports team either in or out of school	65.7%	59.5%	NA	NA
Children age 5-14 who walk to/from school				
once or twice a week	2.2%	5.6%	NA	NA
three to five times a week	26.6%	21.7%	NA	NA
Children age 5-14 who ride a bike to/from school				
once or twice a week	5.6%	6.7%	NA	NA
three to five times a week	3.1%	8.4%	NA	NA
Children age 5-14 who				
ride the bus to/from school each week	23.0%	27.6%	NA	NA
are driven to/from school each week	37.0%	36.0%	NA	NA
are homeschooled	3.0%	4.0%	NA	NA
Time spent riding a bicycle each week (age 5-14)				
Less than an hour	14.7%	10.8%	NA	NA
More than 1 hour but less than 2 hours	17.7%	16.6%	NA	NA
More than 2 hours but less than 3 hours	15.0%	16.5%	NA	NA
More than 3 hours	22.7%	27.7%	NA	NA
No time spent or no bicycle	29.9%	28.4%	NA	NA
When bicycling, child age 3-14 wears helmet				
Always	49.4%	42.9%	NA	NA
Nearly always	10.0%	15.0%	NA	NA
Sometimes	12.9%	11.8%	NA	NA

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<b>Physical Activity (continued)</b>				
Seldom	5.3%	6.5%	NA	NA
Never	22.1%	16.5%	NA	NA
Doesn't ride a bike	0.3%	7.3%	NA	NA
When skating, scootering, etc. child age 3-14 wears helmet				
Always	31.8%	29.6%	NA	NA
Nearly always	10.4%	15.0%	NA	NA
Sometimes	8.3%	11.8%	NA	NA
Seldom	3.6%	6.5%	NA	NA
Never	13.4%	16.5%	NA	NA
Doesn't skate, ride scooter, etc.	32.4%	26.5%	NA	NA
<b>Safe Neighborhoods, Schools and Homes</b>				
Parents who feel child age 6-17 is safe				
Usually or always	NA	NA	92.4%	88.4%
Sometimes	NA	NA	7.3%	10.4%
Never	NA	NA	0.3%	1.2%
Children living in neighborhoods parents describe as supportive				
	NA	NA	83.4%	81.4%
Parents who feel child is safe in community or neighborhood				
Usually or always	90.8%	NA	87.6%	83.8%
Sometimes	8.0%	NA	10.9%	13.2%
Never	1.2%	NA	1.5%	3.0%
Parents who feel child is safe at school				
Usually or always	79.3%	NA	NA	NA
Sometimes	8.6%	NA	NA	NA
Never	12.1%	NA	NA	NA
Parents who feel child is safe at home				
Usually or always	98.7%	NA	NA	NA
Sometimes	1.2%	NA	NA	NA
Never	0.0%	NA	NA	NA

<i>Topic/Question</i>	Colorado Data			U.S. Data
	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2005	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2004	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003
<b>School and Work</b>				
Missing school days due to illness/injury (age 5-14 in CHS; age 6-17 in national surveys)				
1-5 days	58.9%	64.0%	61.1%	59.5%
6-10 days	9.8%	9.2%	11.8%	12.6%
11 or more days	4.0%	2.9%	5.6%	5.2%
None	27.3%	22.7%	21.5%	22.7%
Children age 3-5 who regularly attend some type of school during past month****	NA	NA	59.0%	60.7%
Children/youth age 6-17 who participated in volunteer work during past year	NA	NA	60.1%	60.2%
Children/youth age 12-17 who worked outside home for pay during past week				
Less than 1 hour to 9 hours	NA	NA	16.2%	12.6%
10 hours or more	NA	NA	10.5%	10.2%
None	NA	NA	73.3%	77.2%
Reading for pleasure on an average school day (age 6-17)				
30 minutes or less	NA	NA	47.1%	44.7%
31-60 minutes	NA	NA	22.9%	24.3%
More than 60 minutes	NA	NA	13.6%	14.4%
None	NA	NA	16.5%	16.6%
Children who repeated at least 1 grade in school (age 6-14 in CHS; age 6-17 in national surveys)	5.9%	5.4%	7.6%	11.3%
<b>Sun Exposure</b>				
Child exposed to sun (11 AM-3 PM) on a sunny summer day				
Less than 1 hour	12.1%	9.3%	NA	NA
1 to less than 2 hours	30.2%	28.7%	NA	NA
2 to less than 3 hours	28.1%	26.8%	NA	NA
3 or more hours	29.6%	28.3%	NA	NA
No exposure	0.0%	6.8%	NA	NA
For children outside less than 15 min between 11-3, child uses sunscreen with SPF of 15				
Always	35.6%	31.2%	NA	NA
Nearly always	27.5%	29.1%	NA	NA

<i>Topic/Question</i>	Colorado Data			U.S. Data
	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2005	Colorado Child Health Survey Age 1-14 <sup>a</sup> 2004	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003	National Survey of Children's Health Age 0-17 <sup>a</sup> 2003
<b><i>Sun Exposure (continued)</i></b>				
Sometimes	19.7%	22.7%	NA	NA
Seldom or never	17.2%	17.0%	NA	NA
For children outside more than 15 min between 11-3, child stays in the shade				
Always	16.5%	19.9%	NA	NA
Nearly always	59.6%	55.3%	NA	NA
Sometimes	17.6%	20.4%	NA	NA
Seldom or never	6.2%	4.5%	NA	NA
For children outside more than 15 min between 11-3, child wears clothes covering most of their arms/legs				
Always	19.7%	15.8%	NA	NA
Nearly always	35.9%	33.6%	NA	NA
Sometimes	29.8%	30.6%	NA	NA
Seldom or never	14.6%	20.0%	NA	NA
Child had any sunburns over the past year	44.4%	49.1%	NA	NA
Parents who think a tan makes a child look healthy	21.3%	23.4%	NA	NA
<b><i>Tobacco Smoke Exposure</i></b>				
Children who				
live in households where someone smokes	22.8%	22.8%	24.6%	29.5%
experienced exposure to tobacco smoke in past week				
Daily	4.1%	5.2%	NA	NA
Any	6.1%	6.8%	NA	NA
rode in a car and exposed to tobacco smoke in past week				
1 to 2 days	4.9%	7.3%	NA	NA
3 to 7 days	2.4%	4.7%	NA	NA
No exposure	92.7%	87.9%	NA	NA

<b>Topic/Question</b>	<b>Colorado Data</b>			<b>U.S. Data</b>
	<b>Colorado Child Health Survey Age 1-14<sup>a</sup> 2005</b>	<b>Colorado Child Health Survey Age 1-14<sup>a</sup> 2004</b>	<b>National Survey of Children's Health Age 0-17<sup>a</sup> 2003</b>	<b>National Survey of Children's Health Age 0-17<sup>a</sup> 2003</b>
<b>Weight</b> Children/youth (age 2-14 in CHS and 10-17 in national surveys), considered underweight (BMI below 10%) normal weight (BMI 10-84.9%) at risk of overweight (BMI 85-94.9%) overweight (BMI 95% or greater)	13.4% 57.8% 15.1% 13.7%	12.9% 59.4% 14.6% 9.4%	6.0% 72.0% 12.0% 9.9%	4.9% 64.6% 15.7% 14.8%

**Notes:**

<sup>a</sup> Age range is different when noted under topic

\* Special arrangements: Last minute changes due to circumstances beyond control

\*\* Working poor defined as full-time employed parents with household incomes <100% Federal Poverty Guideline

\*\*\* Outings include park, library, shopping, restaurants, family gatherings, church, zoo, etc.

\*\*\*\* Includes preschool, kindergarten, Head Start or Early Start

NA not available

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