

Child, Adolescent and School Health Materials Can Now Be Ordered Online

We are pleased to announce the launch of www.cohealthresources.org, a comprehensive “one-stop shop” where you can browse and place orders for an extensive variety of materials that focus on healthy living choices, including resources specific to child, adolescent and school health. All materials are free of charge and many are available in English and Spanish. Resources available through www.cohealthresources.org include, but are not limited to:

Growth and Development Tip Cards

For parents, child care and health care providers, teachers and health educators, this handy set of 14 cards details healthy growth and development for children ages birth to 18 years of age. Breastfeeding tips, safety and injury prevention, feeding and nutrition, family issues, healthy practices – these cards provide a wealth of information appropriate for all those who nurture and care for children.

How to Shape or Change Your Child’s Behavior

Positive reinforcement makes a world of difference in shaping a child's behavior. Through simple text and everyday examples, this brochure summarizes how parents and caregivers can praise and reward children for good behavior while ignoring bad behavior.

Youth Partnership for Health Engage Youth! Colorado’s Guide to Building Effective Youth-Adult Partnerships

A step-by-step guide for creating, evaluating and sustaining successful youth-adult partnerships is useful for any professional working with youth. From developing a youth advisory board to techniques for opening the lines of communications between youth and adult partners, this manual promotes the idea that youth perspective is essential to the success of any program targeting youth.

Youth Partnership for Health “Nothing About Us Without Us” DVD

Produced entirely by teen members of the Youth Partnership for Health, this engaging DVD is directed toward adults who work with teens and aims to shift their focus from working for youth to working with youth. Designed for use with the companion booklet "Engage Youth! Colorado's Guide to Building Effective Youth-Adult Partnerships," the 18-minute DVD showcases how youth can help shape the policies and programs that directly affect them.

How to Place an Order

You can search for materials by topic or by the SKU# (see below) to go directly to the product you would like to order. To place an order, select the item and then hit the “Next Step” button. Indicate the number of items you need. After completing your order, click on “Proceed to Checkout.” The first time you order, you will be asked to complete a user name (e-mail address), password and “Profile.” **Please note:** To complete your profile, you are required to enter your organization’s Web site. **If your organization does not have a Web site, please use <http://www.cdphe.state.co.us> in order to proceed with your order.**

Thank you in advance for using www.cohealthresources.org. We hope our resources support your efforts to improve the health and well-being of children and youth in Colorado. If you have a problem or a question, please feel free to contact Nancy Donnelly at nancy.donnelly@state.co.us.

Item	SKU#
How to Shape or Change Your Child’s Behavior (English)	CASH01
How to Shape or Change Your Child’s Behavior (Spanish)	CASH02
Youth Partnership For Health Engage Youth! Colorado's Guide to Building Effective Youth-Adult Partnerships Manual	CASH03
Youth Partnership for Health “Nothing About Us Without Us” DVD	CASH05
Growth and Development Cards—Complete set of 14 Cards	CASH04
Growth and Development Cards--Breastfeeding	CASH06
Growth and Development Cards—1-2 Months	CASH07
Growth and Development Cards—3-4 Months	CASH08
Growth and Development Cards—5-6 Months	CASH09
Growth and Development Cards—7-9 Months	CASH10
Growth and Development Cards-- 10-11 Months	CASH11
Growth and Development Cards—12-14 Months	CASH12
Growth and Development Cards—15-18 Months	CASH13
Growth and Development Cards—2 Years	CASH14
Growth and Development Cards—3-4 Years	CASH15
Growth and Development Cards—5-6 Years	CASH16
Growth and Development Cards—7-10 Years	CASH17
Growth and Development Cards—11-14 Years	CASH18
Growth and Development Cards—15-18 Years	CASH19