



Websites for Professionals

Perinatal Depression

- <http://www.mhacolorado.org/>
Mental Health America of Colorado (MHAC) is a non-profit association addressing mental health and wellness issues in Colorado. A Mother's Wings is a program of MHAC started and led by two mothers who experienced postpartum depression. They maintain a list of Colorado resources for women experiencing postpartum depression.
- www.kempe.org/ppd
The Kempe Center website provides information for professionals and consumers. Resources for professionals include guidelines for health care providers, a guide to prescription products for PPD and links to training and educational opportunities.
- www.mededppd.org
MedEdPPD.org is a professional education, peer-reviewed website which aims to further the education of primary care providers who treat women who have or are at risk for postpartum depression (PPD). Includes a site for patients in English and Spanish.
- www.postpartum.net
Postpartum Support International (PSI) offers resources for professionals, moms and families, including a bookstore and updates about relevant legislation and events.
- <http://www.womenshealth.gov/fag/postpartum.htm>
This source of information from the federal government contains numerous articles about postpartum depression.
- www.mchlibrary.info/KnowledgePaths/kp_postpartum.html
The Maternal and Child Health Library at Georgetown University provides a hotline; websites; electronic and print publications; databases of data, literature, and research; and online discussion groups for healthcare professionals and families.
- www.healthynewmoms.org
Healthy New Moms: Maryland's Campaign to End Depression During and After Pregnancy has developed a packet of information on perinatal depression, including a brochure, medication information, signs and symptoms chart, the Edinburgh Screening Tool in English and Spanish, a poster and resource information for providers and families.
- www.perinatalweb.com
This site contains information about the Perinatal Mood Disorders Initiative designed to advance understanding about prenatal and postpartum depression and improve the care available for women and families. Resources include fact sheets, a poster, a collection of culturally specific narratives, a position statement, screening tools and treatment references.



- www.womensmentalhealth.org

Massachusetts General Hospital (MGH), Center for Women's Mental Health manages this site. Contains resources for health professionals and consumers about the evaluation and treatment of perinatal psychiatric disorders, including postpartum depression.

- www.nlm.nih.gov/medlineplus/postpartumdepression.html

This site contains a list in English and Spanish of authoritative health information sources about postpartum depression for consumers and health professionals. Includes links to overview articles and information about clinical trials, coping, research, treatment and organizations that focus on the topic.

- www.apa.org/pi/wpo/postpartum.html

American Psychological Association

- www.acog.org

American College of Obstetrics and Gynecology (ACOG)

- www.aafp.org

American Academy of Family Physicians (AAFP)

- www.awhonn.org

Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN)

- www.mentalhealthamerica.net

Mental Health America (formerly known as the National Mental Health Association)