

**Colorado Department of Public Health and Environment's  
Colorado Physical Activity and Nutrition Program  
Active Community Environments Task Force Fact Sheet**



The Colorado Physical Activity and Nutrition Program's Active Community Environments (ACE) Task Force represents collaborations and partnerships with government, public health, transportation, planning, and design. Task force members support planning for and modifying existing environments in ways that makes it easy for people to integrate physical activity into their daily routines.

**Colorado Physical Activity and Nutrition State Plan 2010, ACE Strategies**

- Assess, modify, and improve community planning and design to support and advocate for increased physical activity.
- Develop land-use planning and development policies that integrate "smart growth" principles.
- Develop school sites and routes that promote active community living.
- Develop an integrated parks and/or open space system with recreation facilities near every neighborhood and employment center.
- Develop a balanced transportation system that provides people with options for their mode of travel including transit, walking, bicycling, and motor vehicles.
- Reduce the number and severity of pedestrian and bicycle accidents involving motor vehicles.

**ACE Activities**

- Sponsor/provide regional Active Community Environments workshops for key stakeholders.
- Co-host an annual ACE conference of active living leaders in Colorado to assess progress and identify barriers and needs.
- Promote and implement *Walk to School Colorado* programs and promote Safe Routes to School in Colorado.
- Provide materials to organizations in Colorado to facilitate the inclusion of public health elements in transportation/land use master plans and land use/transportation elements in community health plans.
- Provide technical assistance to communities regarding ACE policies, strategies, and projects.
- Provide grants for changes to the built environment and/or policy changes promoting ACE.

**Active Living Resources**

- [www.activeliving.org](http://www.activeliving.org)
- [www.activelivingbydesign.org](http://www.activelivingbydesign.org)
- [www.walkablecommunities.org](http://www.walkablecommunities.org)
- [www.pedbikeinfo.org](http://www.pedbikeinfo.org)
- [www.lgc.org](http://www.lgc.org)
- [www.americabikes.org](http://www.americabikes.org)

**Colorado Resources**

- [www.dot.state.co.us/BikePed/](http://www.dot.state.co.us/BikePed/)
- [www.bicyclecolorado.org](http://www.bicyclecolorado.org)
- <http://lcsc.civicresults.org>

For additional resources visit [www.cdphe.state.co.us/pp/copan/copan.html](http://www.cdphe.state.co.us/pp/copan/copan.html) or call the Colorado Physical Activity and Nutrition Program Coordinator at (303) 692-2514, ACE Co-chair Paige Heydon-McCrary at (303) 477-9985, ACE Co-chair Carol Maclennan at (303) 846-6232, or ACE Co-chair Betsy Jacobsen at (303) 757-9982.