

STATE OF COLORADO

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Dedicated to protecting and improving the health and environment of the people of Colorado

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Colorado Department
of Public Health
and Environment

Funding Recommendations from the Minority Health Advisory Commission for the Health Disparities Grant Program for Fiscal Year 2011-2012 (July 1, 2011- June 30, 2012)

New Grants (Year 1 of 2)

These projects were recommended for funding by the Minority Health Advisory Commission and approved by the State Board of Health for Fiscal Year 11-12

I. Cardiovascular Disease (including Diabetes and other precursors) Projects

American Diabetes Association

Project: Salsa, Sabor y Salud; Food, Fun and Fitness

Inner City Health Center

Project: Community Wellness and Prevention Program

Weld County Department of Public Health and Environment

Project: Ama Tu Vida, Cuida Tu Corazón; Love Your Life, Take Care of Your Heart

II. Crosscutting Projects (addresses more than one priority area)

El Paso County Department of Public Health and Environment

Project: Improving Health Literacy for Harrison High School Students and Parents

Northwest Colorado Visiting Nurse Association

Project: Improving Access to Cardiovascular Care for Minorities in NW Colorado

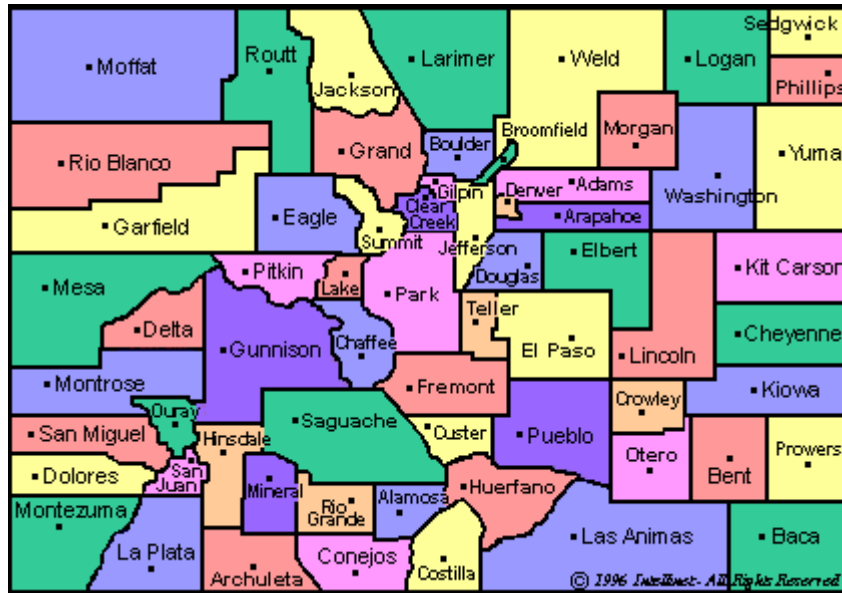
Women's Resource Center

Project: Promotoras: Saving Women's Lives in Larimer County



Grantee 1: American Diabetes Association

Project Title: Salsa, Sabor y Salud; Food, Fun and Fitness
Project Category: Cardiovascular Disease **Funding Recommended:** \$99,544
Target Population: Latino/Hispanic **Funding Awarded:**
Year 1 (FY 11): \$99,544
Counties Served: Metropolitan Denver **(Requested) Year 2 (FY 12):** \$99,544



Project Priority and Summary: Risk Factor Reduction

This 2 year program will implement culturally proficient cardiovascular disease (CVD), diabetes and childhood obesity advocacy, education, screening services. Skills building will be offered, with an emphasis on parent involvement, to increase awareness to improve CVD health and lower CVD risk in Latino children ages 3-12. The program will augment an evidence-based CVD prevention curriculum for children with guideline-recommended screening services for CVD risk factors. The American Diabetes Association will use the evidence-based, culturally appropriate educational curriculum developed by the National Latino Children’s Institute (NLCI) to increase awareness of CVD risk and diabetes, active living, healthy eating and nutrition education for Latino parents with children ages 3-12. In addition, through a process of community consultation 500 Latino residents will be engaged to inform priorities among healthy eating and active living policies. An advisory committee of community partners, interested in addressing the needs of Latino children, will be developed during the first year of program implementation. Evaluation and dissemination activities will occur throughout the 2-year period.

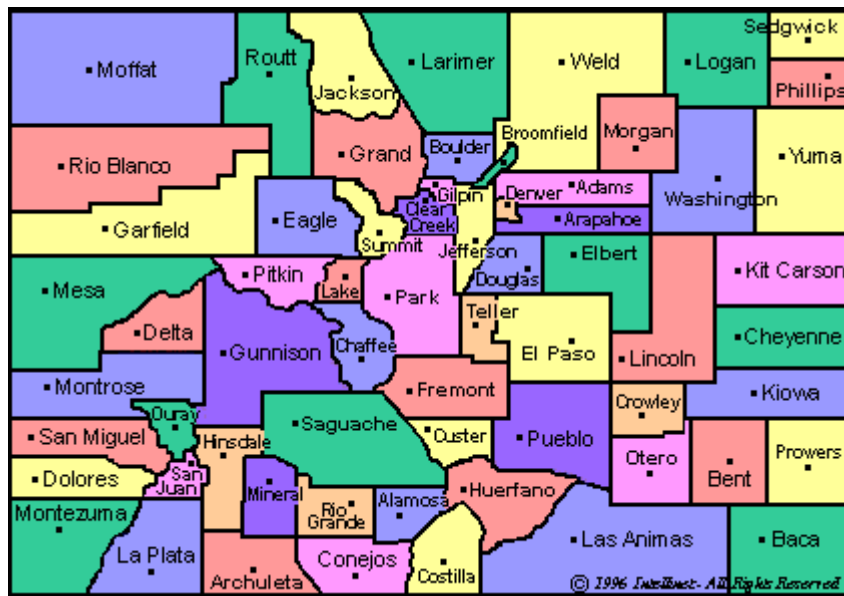
Grantee 2: Inner City Health Center

Project Title: Community Wellness and Prevention Program

Project Category: Cardiovascular Disease **Funding Recommended:** \$52,839

Target Population: African American/Black,
Asian American/Pacific Islander,
Latino/Hispanic **Total Funding Awarded:**
Year 1 (FY 11): \$52,839
(Requested) Year 2 (FY 12): \$70,100

Counties Served: Denver, Adams, Arapahoe



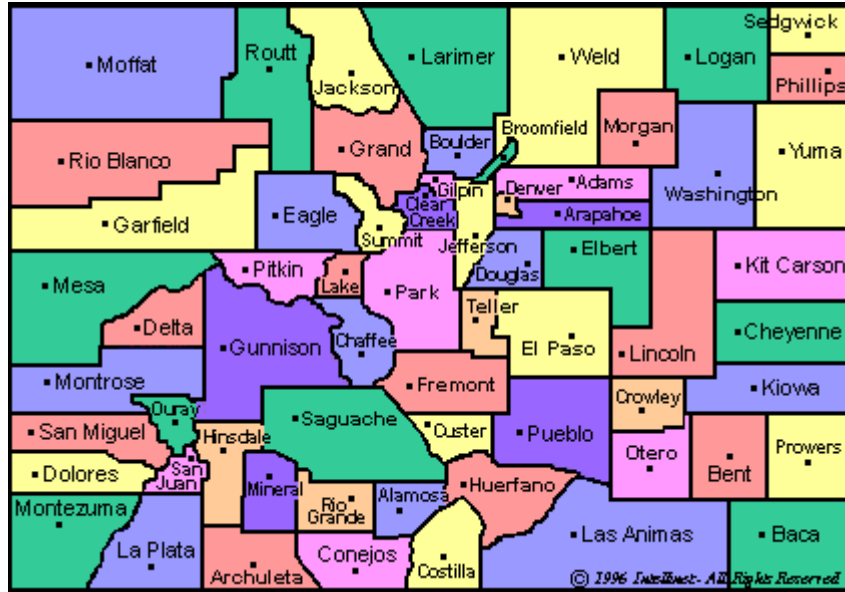
Project Priority and Summary: Risk Factor Reduction

The purpose of this project is to seek out the uninsured and underserved populations within the Denver Metropolitan area and provide preventive education, screening of at-risk adult populations and referral into a medical care home for those with abnormal screening results. Education and screening will center on heart disease and diabetes prevention. Educational opportunities will include information on how to delay or diminish onset of diabetes, to manage potential risk factors of heart disease, such as hypertension, elevated cholesterol levels, and body mass index. The project seeks to empower participants to make better lifestyle choices, leading to better health outcomes. Associations with approximately 50 congregations and 18 agencies will provide opportunities for development of relationship with at-risk individuals. Those without health care homes will be encouraged to find one, with an option of accessing clinical care provided by the Inner City Health Center’s medical department. A Nurse Practitioner will triage those in the community provides a bridge between being a participant at a screening to becoming a patient with a health care home.

Grantee 3: Weld County Department of Public Health and Environment

Project Title: Ama Tu Vida, Cuida Tu Corazón ; Love Your Life, Take Care of Your Heart

Project Category:	Cardiovascular Disease	Funding Recommended:	\$95,668
Target Population:	Latino/Hispanic	Funding Awarded:	
		Year 1 (FY 11):	\$95,668
County Served:	Weld County	(Requested) Year 2 (FY 12):	\$98,213



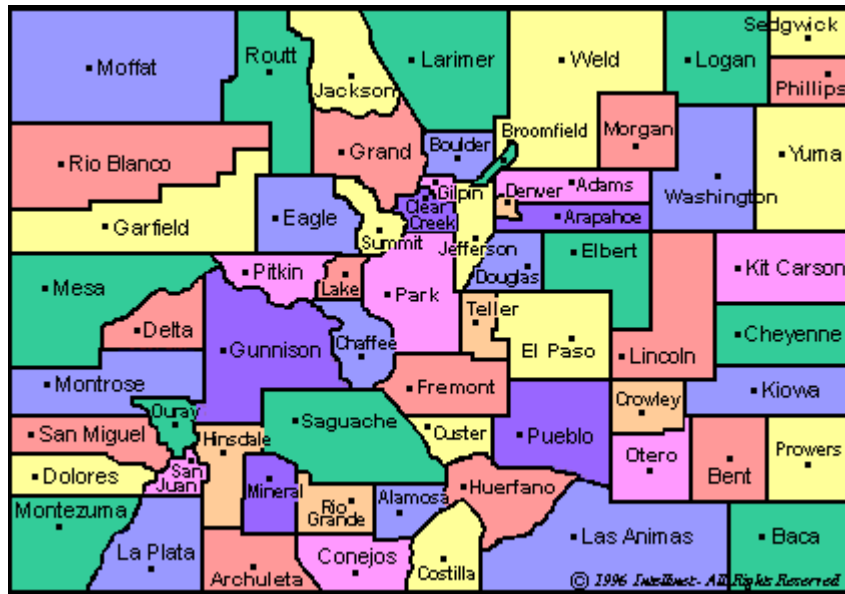
Project Priority and Summary: Risk Factor Reduction

Weld County encompasses approximately 4,000 square miles and has an estimate population of 250,000, with approximately 50% residing in the Greeley/Evans area. The project will implement a linguistic and culturally specific, multi-faceted, risk factor reduction program, within the Hispanic/Latino community. The interventions to reduce the risk for cardiovascular disease (CVD) and lessen the barriers to access for the target population include: Education/Training (for the target population) in the form of pláticas (small group discussions); Education/Training (of promotoras) to conduct pláticas, provide advocacy and support and implement opportunities for increased physical activity; Risk Factor Reduction Programs including lifestyle intervention classes, opportunities for increased physical activity, and a behavioral health support group; Disease Management in the form of self-management classes for those with CVD (and/or diabetes); Awareness/Media to health care and other service providers to inform them of program and solicit for referrals; Collaboration/Partnership to increase accessibility of behavioral health services; and Infrastructure to establish an steering group to develop plan for sustainability.

Grantee 4: El Paso County Department of Public Health and Environment

Project Title: Improving Health Literacy for Harrison High School Students and Parents

Project Category: Cross Cutting	Funding Recommended \$66,197
Target Population: All	Funding Awarded:
	Year 1 (FY 11): \$66,197
County Served: El Paso County	(Requested) Year 2 (FY 12): \$60,467



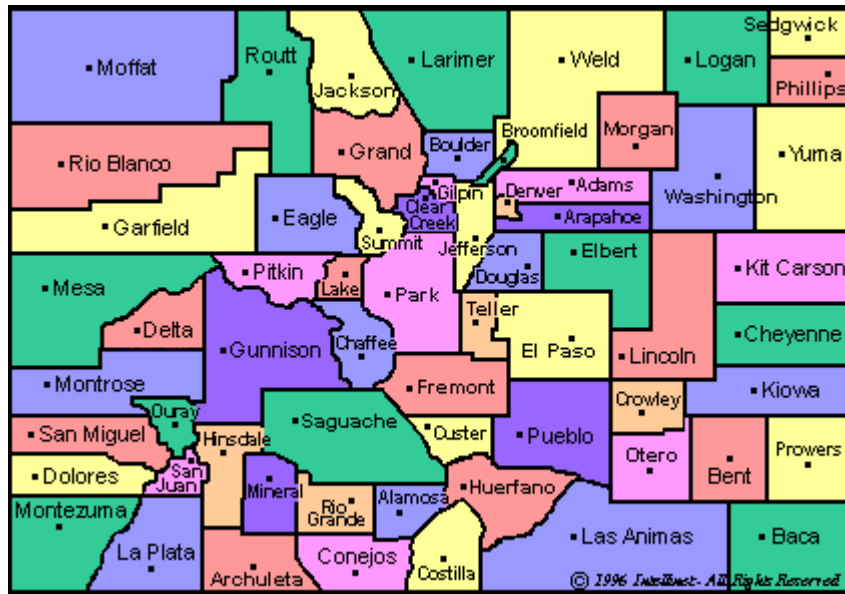
Project Priority and Summary: Risk Factor Reduction

The project will implement a health literacy education at Harrison High School, located in Colorado Springs, Colorado. The purpose of the health literacy project is to improve the health literacy of Harrison High School students, faculty, and parents in order to mitigate current and future risk for chronic disease, including cancer. Students at Harrison High School are 45.1 percent Hispanic, 19.5 percent Black, 5.9 percent Asian, 1.1 percent American Indian/Alaska Native, and 27.9 White (ethnic descriptors are provided by Harrison School District 2). Additionally, 73 percent of Harrison students qualify for free or reduced lunches, indicating a high degree of people living at or near the poverty line. And, HHS staff estimates that at least 40 percent of its students would be classified as overweight or obese based on Body Mass Index (BMI). Harrison High School students are at greater risk for poor health outcomes, specifically those related to cancer, cardiovascular disease, and chronic pulmonary disease. Improving health literacy is a key component in eliminating health disparities by empowering people with knowledge and skills to make informed health choices.

Grantee 5: Northwest Colorado Visiting Nurse Association

Project Title: Improving Access to Cardiovascular Care for Minority Populations

Project Category: Cardiovascular Disease	Funding Recommended: \$100,000
Target Population: Latino/Hispanic	Total Funding Awarded:
	Year 1 (FY 11): \$100,000
Counties Served: Routt and Moffat	(Requested) Year 2 (FY 12): \$100,000



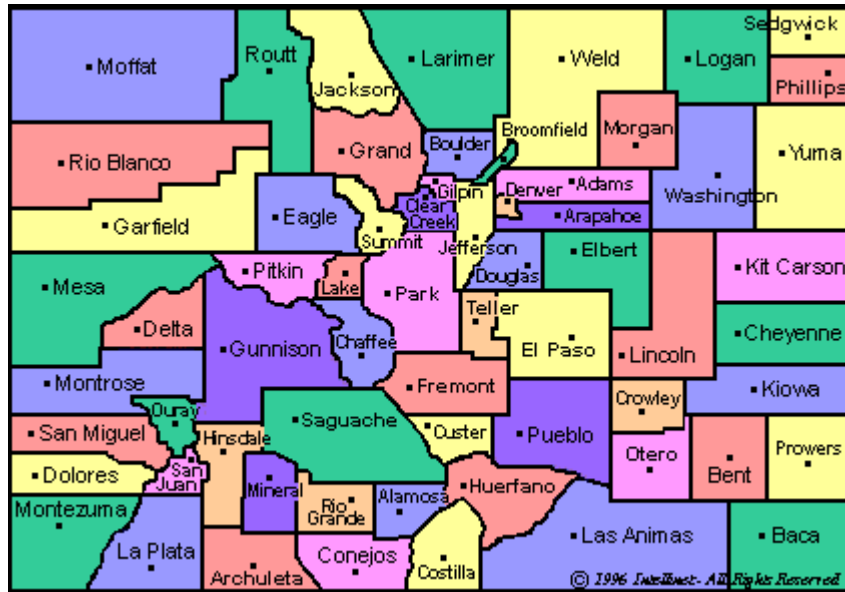
Project Priority and Summary: Patient Navigation

The goal of this program is to improve control of cardiovascular disease, diabetes and related precursors in minority populations in Northwest Colorado. Short term objectives include screening 175 minority members of the community for cardiovascular disease risk factors, including diabetes and other risk factors. Intermediate objectives include identifying 75 minority community members in Routt and Moffat counties who are at risk for cardiovascular disease, diabetes and related risk factors, increase their knowledge and refer them to appropriate treatment programs. The project will increase community-wide education of minority populations on cardiovascular disease, diabetes and related risk factors through four community based classes. Long term objectives include increasing the number of minority residents participating in risk factor management. The overall anticipated outcome is to improve heart health and heart health behaviors among minority residents in Northwest Colorado. In addition to improving care, this program will assist minority residents, through Patient Navigation, access appropriate health care through referral and follow-up services.

Grantee 6: Women’s Resource Center

Project Title: Promotoras: Saving Women’s Lives in Larimer County

Project Category: Crosscutting	Funding Recommended: \$66,320
Target Population: Latino/Hispanic	Total Funding Awarded
	Year 1 (FY 11): \$66,320
County Served: Larimer	Requested Year 2 (FY 12): \$66,320



Project Priority and Summary: Patient Navigation

The project has two main goals: providing more Patient Navigation services in a culturally competent manner, and strengthening the collaborative efforts of women’s healthcare providers. No member of this healthcare team provides all services, so efforts to coordinate services are vital to support a full continuum of care. The project will share the cultural competency expertise of the Women’s Resource Center with medical providers. Latina women suffer disproportionately from negative outcomes of breast and cervical cancers. This project combats this disparity by improving and expanding the efforts of the Women’s Resource Center (WRC) in Latina communities to provide early detection and follow up services for these two common and deadly cancers. Through this project Latina women will be empowered to better manage their own health. The project combines interventions that mutually support one another: education, access to care, referrals, screening, and treatment. Promotoras and Patient Navigators will implement these interventions. The Promotoras Project will reach 6,190 Latinas in its first year. Also in this year 100 women will be connected with cervical screening, 20 will be connected with cervical cancer treatment, and 100 will receive mammograms. The staff members of 8 medical providers will improve their cultural competency for serving Latinas.