

Year 2010 Health Objectives for the Nation: State Summary of
BRFSS* Data for 2002

Healthy People 2010** Objective***	Year 2010 Target	Colorado, 2002
Health Insurance (Objective #1.1)		
Ages ≥ 18	100%	83%
Specific Source of Ongoing Primary Care (Objective #1.4c)		
Ages ≥ 18	96%	77%
Limitation in Activities Due to Arthritis (Objective #2.2)		
Adults with Chronic Joint Symptoms, Ages ≥ 18	21%	N/A
Pap Smear, Ever Had (Objective #3.11a)		
Women, Ages ≥ 18	97%	95%
Pap Smear, Within Past Three Years (Objective #3.11b)		
Women, Ages ≥ 18	90%	89%
Fecal Occult Blood Test (FOBT) Within Past Two Years (Objective #3.12a)		
Ages ≥ 50	50 %	36%
Sigmoidoscopy, Ever Had (Objective #3.12b)		
Ages ≥ 50	50 %	49%
Mammogram, Within Past Two Years (Objective #3.13)		
Women, Ages ≥ 40	70%	74%
Diabetes, Clinically Diagnosed (Objective #5.3)		
Ages ≥ 18	2.5%	4.4%
Cholesterol Screening, Within Past Five Years (Objective #12.15)		
Ages ≥ 18	80%	72%
Influenza Immunization, Within Past Year (Objective #14.29a)		
Ages ≥ 65	90%	73%
Pneumococcal Pneumonia Vaccination, Ever Had (Objective #14.29b)		
Ages ≥ 65	90%	68%
Obese, BMI ≥ 30 (Objective #19.2)		
Ages ≥ 20	15%	17%
(No) Permanent Teeth Extracted Due to Caries or Periodontal Disease (Objective #21.3)		
Ages 35-44	42%	73%
Extraction of All Natural Teeth (Objective #21.4)		
Ages ≥ 65	20%	19%
No Leisure Time Physical Activity (Objective #22.1)		
Ages ≥ 18	20%	19%
Regular, Moderate Physical Activity, 5 or more Days/Week for 30 or more Minutes or Vigorous Physical Activity 20 Minutes or More per Day, Three or More Days per Week (Objective #22.2)		
Ages ≥ 18	50%	54%

Regular, Vigorous Physical Activity, 3 or More Days/Week for 20 or More Minutes
(Objective #22.3)

Ages \geq 18	30%	33%
Binge Drinking, During the Past Month (Objective #26.11c)		
Ages \geq 18	6%	19%
Cigarette Smoking (Objective #27.1a)		
Ages \geq 18	12%	20%
Cigars (Objective #27.1c)		
Ages \geq 18	1.2%	N/A

* Behavioral Risk Factor Surveillance System

** Public Health Service. Healthy People 2010: National Health Promotion and Disease Prevention Objectives -- full report with commentary. Washington, DC: U.S. Department of Health and Human Services, 2000.

***In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2010. See Healthy People 2010 for the exact definition of the objective.