

**Year 2010 Health Objectives for the Nation: County Summary of Colorado BRFSS<sup>1</sup> Data for 2008  
Pueblo County**

**Pueblo  
County,  
Colorado,  
2008**

| <b>Healthy People 2010<sup>2</sup> Objective<sup>3</sup></b>  | <b>Yr 2010<br/>Target</b> | <b>n=377</b>                   |
|---|---------------------------|--------------------------------|
| <b>Health Insurance (Objective #1.1)</b><br>Ages $\geq$ 18  | 100%                      | 80%<br>(73%, 88%) <sup>4</sup> |
| <b>Specific Source of Ongoing Primary Care (Objective #1.4c)</b><br>Ages $\geq$ 18                                      | 96%                       | 83%<br>(77%, 89%)              |
| <b>Limitation in Activities Due to Arthritis (Objective #2.2)</b><br>Adults with Chronic Joint Symptoms, Ages $\geq$ 18 | 21%                       | N/A                            |
| <b>Pap Smear, Ever Had (Objective #3.11a)</b><br>Women, Ages $\geq$ 18  | 97%                       | 96%<br>(91%, 100%)             |
| <b>Pap Smear, Within Past Three Years (Objective #3.11b)</b><br>Women, Ages $\geq$ 18                                   | 90%                       | 83%<br>(74%, 92%)              |
| <b>Fecal Occult Blood Test (FOBT) Within Past Two Years (Objective #3.12a)</b><br>Ages $\geq$ 50                        | 50%                       | 17%<br>(12%, 22%)              |
| <b>Sigmoidoscopy, Ever Had (Objective #3.12b)</b><br>Ages $\geq$ 50   | 50%                       | 60%<br>(52%, 67%)              |
| <b>Mammogram, Within Past Two Years (Objective #3.14)</b><br>Women, Ages $\geq$ 40                                      | 70%                       | 75%<br>(67%, 83%)              |
| <b>Diabetes, Diagnosed (Objective #5.3)</b><br>Ages $\geq$ 18   | 2.5%                      | 6.8%<br>(4.2%, 9.4%)           |
| <b>Cholesterol Screening, Within Past Five Years (Objective #12.15)</b><br>Ages $\geq$ 18                               | 80%                       | N/A                            |
| <b>Influenza Immunization, Within Past Year (Objective #14.29a)</b><br>Ages $\geq$ 65                                   | 90%                       | 76%<br>(68%, 85%)              |
| <b>Pneumococcal Pneumonia Vaccination, Ever Had (Objective #14.29b)</b><br>Ages $\geq$ 65                               | 90%                       | 63%<br>(53%, 74%)              |
| <b>Obese, BMI <math>\geq</math> 30 (Objective #19.2)</b><br>Ages $\geq$ 20  | 15%                       | 22%<br>(16%, 27%)              |

| Healthy People 2010 <sup>2</sup> Objective <sup>3</sup>  | Yr 2010 Target | n=377             |
|--|----------------|-------------------|
| <b>(No) Permanent Teeth Extracted Due to Caries or Periodontal Disease (Objective #21.3)</b><br>Ages 35-44   | 42%            | 58%<br>(52%, 65%) |
| <b>Reduce Proportion of Adults with High Blood Pressure (Objective # 12.9)</b><br>Ages ≥ 20  | 16%            | N/A               |
| <b>Extraction of All Natural Teeth (Objective # 21.4)</b><br>Ages ≥65  | 20%            | 25%<br>(15%, 35%) |
| <b>No Leisure Time Physical Activity (Objective # 22.1)</b><br>Ages ≥18  | 20%            | 28%<br>(22%, 34%) |
| <b>Regular, Moderate Physical Activity, 5 or more Days/Week for 30 or more Minutes or vigorous physical activity 20 minutes or more per day, three or more days per week (Objective #22.2)</b><br>Ages ≥18 | 30%            | N/A               |
| <b>Regular, Vigorous Physical Activity, 3 or more Days/Week for 20 or more Minutes (Objective #22.3)</b><br>Ages ≥18   | 30%            | N/A               |
| <b>Binge Drinking, During the Past Month (Objective #26.11c)</b><br>Ages ≥18   | 6%             | 16%<br>(11%, 22%) |
| <b>Cigarette Smoking (Objective #27.1a)</b><br>Ages ≥18  | 12%            | 31%<br>(24%, 39%) |
| <b>Cigars (Objective #27.1c)</b><br>Ages ≥18   | 1.2%           | N/A               |

<sup>1</sup> Behavioral Risk Factor Surveillance System

<sup>2</sup> Public Health Service. Healthy People 2010: National Health Promotion and Disease Prevention Objectives--full report with commentary. Washington, DC: U.S. Department of Health and Human Services, 2000.

<sup>3</sup> In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2010. See Healthy People 2010 for the exact definition of the objective.

<sup>4</sup> 95% Confidence Interval

<sup>5</sup> -- Unable to estimate due to small number of respondents