

**Year 2010 Health Objectives for the Nation: County Summary of Colorado BRFSS¹ Data for 2006
Douglas County**

**Douglas
County,
Colorado,
2006**

Healthy People 2010² Objective³	Yr 2010 Target	n=298
Health Insurance (Objective #1.1) Ages ≥ 18	100%	91% (87%, 95%) ⁴
Specific Source of Ongoing Primary Care (Objective #1.4c) Ages ≥ 18	96%	85% (80%, 90%)
Limitation in Activities Due to Arthritis (Objective #2.2) Adults with Chronic Joint Symptoms, Ages ≥ 18	21%	N/A
Pap Smear, Ever Had (Objective #3.11a) Women, Ages ≥ 18	97%	98% (95%, 100%)
Pap Smear, Within Past Three Years (Objective #3.11b) Women, Ages ≥ 18	90%	86% (81%, 92%)
Fecal Occult Blood Test (FOBT) Within Past Two Years (Objective #3.12a) Ages ≥ 50	50%	32% (22%, 42%)
Sigmoidoscopy, Ever Had (Objective #3.12b) Ages ≥ 50	50%	60% (50%, 70%)
Mammogram, Within Past Two Years (Objective #3.14) Women, Ages ≥ 40	70%	67% (57%, 77%)
Diabetes, Diagnosed (Objective #5.3) Ages ≥ 18	2.5%	4.0% (1.7%, 6.3%)
Cholesterol Screening, Within Past Five Years (Objective #12.15) Ages ≥ 18	80%	N/A
Influenza Immunization, Within Past Year (Objective #14.29a) Ages ≥ 65	90%	--
Pneumococcal Pneumonia Vaccination, Ever Had (Objective #14.29b) Ages ≥ 65	90%	--
Obese, BMI ≥ 30 (Objective #19.2) Ages ≥ 20	15%	14.5% (10%, 19%)

Healthy People 2010 ² Objective ³	Yr 2010 Target	n=298
(No) Permanent Teeth Extracted Due to Caries or Periodontal Disease (Objective #21.3) Ages 35-44	42%	81% (72%, 90%)
Reduce Proportion of Adults with High Blood Pressure (Objective # 12.9) Ages ≥ 20	16%	N/A
Extraction of All Natural Teeth (Objective # 21.4) Ages ≥65	20%	--
No Leisure Time Physical Activity (Objective # 22.1) Ages ≥18	20%	11% (7%, 14%)
Regular, Moderate Physical Activity, 5 or more Days/Week for 30 or more Minutes or vigorous physical activity 20 minutes or more per day, three or more days per week (Objective #22.2) Ages ≥18	30%	N/A
Regular, Vigorous Physical Activity, 3 or more Days/Week for 20 or more Minutes (Objective #22.3) Ages ≥18	30%	N/A
Binge Drinking, During the Past Month (Objective #26.11c) Ages ≥18	6%	14% (9%, 19%)
Cigarette Smoking (Objective #27.1a) Ages ≥18	12%	6% (3%, 9%)
Cigars (Objective #27.1c) Ages ≥18	1.2%	N/A

¹ Behavioral Risk Factor Surveillance System

² Public Health Service. Healthy People 2010: National Health Promotion and Disease Prevention Objectives--full report with commentary. Washington, DC: U.S. Department of Health and Human Services, 2000.

³ In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2010. See Healthy People 2010 for the exact definition of the objective.

⁴ 95% Confidence Interval

⁵ -- Unable to estimate due to small number of respondents