

1995
Colorado Behavioral Risk Factor
Surveillance System Questionnaire

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HELLO, I'm _____ calling for the _____. We're doing a study of the health practices of _____ residents. Your phone number has been chosen randomly by the _____ to be included in the study, and we'd like to ask some questions about things people do which may affect their health.

Is this (____) _____ - _____?

No Thank you very much, but I seem to have dialed the wrong number, It's possible that your number may be called at a later time.
Stop

Is this a private residence?

No Thank you very much, but we are only interviewing private residences. **Stop**

Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

If "1" Are you the adult?

If "yes" Then you are the person I need to speak with. **Go to page 4**

If "no" May I speak with him or her? **Go to "correct respondent" on next page**

How many of these adults are men and how many are women?

Who is the oldest man who presently lives in this household?
Who is the next oldest man who presently lives in this household?
Etc.

Who is the oldest woman who presently lives in this household?
Who is the next oldest woman who presently lives in this household?
Etc.

The person in your household that I need to speak with is _____.
If “you”, go to page 4

To correct respondent Hello, I’m _____calling for the
_____I'm a member of a special research team.
We're doing a study of _____residents
regarding their health practices and day-to-day living
habits. You have been randomly chosen to be
included in the study from among the adult members
of your household.

The interview will only take a short time, and all the information obtained in this study will be confidential.

Section 1: Health Status

1. Would you say that in general your health is: (33)

Please read

a. Excellent	1
b. Very good	2
c. Good	3
d. Fair	4
or	
e. Poor	5
<i>Do not read these responses</i> Don't know/Not Sure	7
Refused	9

2. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (34-35)

a. Number of days	__	__
b. None	8	8
Don't know/Not sure.....	7	7
Refused	9	9

3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (36-37)

a. Number of days _ _

b. None **If Q. 2 also "None," go to Q. 5** 8 8

Don't know/Not sure..... 7 7

Refused 9 9

4. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (38-39)

a. Number of days _ _

b. None 8 8

Don't know/Not sure..... 7 7

Refused 9 9

Section 2: Health Care Access

5. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?(40)

- a. Yes **Go to Q. 7** 1
- b. No 2
- Don't know/Not sure **Go to Q. 7**..... 7
- Refused **Go to Q. 7** 9

6. About how long has it been since you had health care coverage? (41)

Read only if necessary

- a. Within the past 6 months (1 to 6 months ago) 1
- b. Within the past year (6 to 12 months ago) 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. Within the past 5 years (2 to 5 years ago) 4
- e. 5 or more years ago..... 5
- Don't know/Not sure..... 7
- Never 8
- Refused 9

7. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost? (42)

a. Yes 1

b. No 2

Don't know/Not sure..... 7

Refused 9

8. About how long has it been since you last visited a doctor for a routine checkup? (43)

Read only if necessary

a. Within the past year (1 to 12 months ago) 1

b. Within the past 2 years (1 to 2 years ago) 2

c. Within the past 5 years (2 to 5 years ago) 3

d. 5 or more years ago..... 4

Don't know/Not sure..... 7

Never 8

Refused 9

Section 3: Hypertension Awareness

9. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional? (44)

Read Only if Necessary

- a. Within the past 6 months (1 to 6 months ago) 1
- b. Within the past year (6 to 12 months ago) 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. Within the past 5 years (2 to 5 years ago) 4
- e. 5 or more years ago..... 5
- Don't know/Not sure..... 7
- Never **Go to Q. 12** 8
- Refused 9

10. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? (45)

- a. Yes 1
- b. No **Go to Q. 12** 2
- Don't know/Not sure **Go to Q. 12** 7
- Refused **Go to Q. 12** 9

11. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once? (46)

a. More than once..... 1

b. Only once..... 2

Don't know/Not sure..... 7

Refused 9

Section 4: Cholesterol Awareness

12. Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? (47)
- a. Yes 1
 - b. No **Go to Q. 15** 2
 - Don't know/Not sure **Go to Q. 15**..... 7
 - Refused **Go to Q. 15** 9

13. About how long has it been since you last had your blood cholesterol checked? (48)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago..... 4
- Don't know/Not sure..... 7
- Refused 9

14. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? (49)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure..... 7
 - Refused 9

Section 5: Diabetes

15. Have you ever been told by a doctor that you have diabetes? (50)

If "Yes" and female, ask "Was this only when you were pregnant?"

- a. Yes 1
- b. Yes, but female told only during pregnancy 2
- c. No 3
- Don't know/Not sure..... 7
- Refused 9

Section 6: Injury Control

16. How often do you use seatbelts when you drive or ride in a car? (51)

Would you say: **Please read**

- a. Always 1
- b. Nearly Always 2
- c. Sometimes 3
- d. Seldom..... 4
- or**
- e. Never 5
- Don't know/Not sure..... 7
- Never drive or ride in a car..... 8
- Refused 9

**Do not
read these
responses**

17. What is the age of the oldest child in your household under the age of 16? (52-53)

- a. Code age in years..... _ _
- b. No children under age 16 **Go to Q. 20** 8 8
- Don't know/Not sure **Go to Q. 20** 7 7
- Refused **Go to Q. 20** 9 9

**Code < 1
year as
"01"**

18. How often does the **[fill in age from Q. 17]**-year-old child in your household use a... (54)

car safety seat **[for child under 5]**

seatbelt **[for child 5 or older]**

...when they ride in a car?

Would you say: **Please read**

- a. Always 1
- b. Nearly always 2
- c. Sometimes 3
- d. Seldom..... 4
- or**
- e. Never 5
- Don't know/Not sure..... 7
- Never rides in a car..... 8
- Refused 9

**Do not
read these
responses**

If oldest child 5 years or older, continue with Q. 19. Otherwise, go to Q. 20

19. During the past year, how often has the [fill in age from Q. 17]-year-old child worn a bicycle helmet when riding a bicycle? (55)

Would you say: **Please read**

- a. Always 1
- b. Nearly Always 2
- c. Sometimes 3
- d. Seldom 4
- or**
- e. Never 5
- Don't know/Not sure 7
- Never rides a bicycle 8
- Refused 9

**Do not
read these
responses**

20. When was the last time you or someone else deliberately tested all of the smoke detectors in your home, either by pressing the test buttons or holding a source of smoke near them? (56)

Read only if necessary

- a. Within the past month (0 to 1 month ago) 1
- b. Within the past 6 months (1 to 6 months ago) 2
- c. Within the past year (6 to 12 months ago) 3
- d. One or more years ago 4
- e. Never 5
- f. No smoke detectors in home 6
- Don't know/Not sure 7

Refused 9

Section 7: Tobacco Use

21. Have you smoked at least 100 cigarettes in your entire life? (57)
- 5 packs =
100 cigarettes**
- a. Yes 1
 - b. No **Go to Q. 27** 2
 - Don't know/Not sure **Go to Q. 27**..... 7
 - Refused **Go to Q. 27** 9
22. Do you smoke cigarettes now? (58)
- a. Yes 1
 - b. No **Go to Q. 26** 2
 - Refused **Go to Q. 27** 9
23. On how many of the past 30 days did you smoke cigarettes? (59-60)
- a. Number of days **If less than 30, go to Q. 24a** __ __
 - b. None **Go to Q. 26** 8 8
 - Don't know/Not sure..... 7 7
 - Refused 9 9
24. On the average, about how many cigarettes a day do you now smoke? (61-62)
- 1 pack =
20 cigarettes**
- Number of cigarettes **Go to Q. 25**..... __ __
 - Don't know/Not sure **Go to Q. 25**..... 7 7
 - Refused **Go to Q. 25**..... 9 9

24a. On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day? (63-64)

1 pack =
20 cigarettes

Number of cigarettes **Go to Q. 27** _ _

Don't know/Not sure **Go to Q. 27** 7 7

Refused **Go to Q. 27** 9 9

25. During the past 12 months, have you quit smoking for 1 day or longer?(65)

a. Yes **Go to Q. 27** 1

b. No **Go to Q. 27** 2

Don't know/Not sure **Go to Q. 27** 7

Refused **Go to Q. 27** 9

26. About how long has it been since you last smoked cigarettes regularly, that is, daily? (66-67)

Read only if necessary

a. Within the past month (0 to 1 month ago) 0 1

b. Within the past 3 months (1 to 3 months ago) 0 2

c. Within the past 6 months (3 to 6 months ago) 0 3

d. Within the past year (6 to 12 months ago) 0 4

e. Within the past 5 years (1 to 5 years ago) 0 5

f. Within the past 15 years (5 to 15 years ago) 0 6

g. 15 or more years ago 0 7

Don't know/Not sure 7 7

Never smoked regularly 8 8

Refused 9 9

Section 8: Alcohol Consumption

27. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor? (68)

- a. Yes 1
- b. No **Go to Q. 32** 2
- Don't know/Not sure **Go to Q. 32** 7
- Refused **Go to Q. 32** 9

28. During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average? (69-71)

- a. Days per week 1 ___
- b. Days per month 2 ___
- Don't know/Not sure 7 7 7
- Refused 9 9 9

29. A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average? (72-73)

- Number of drinks ___
- Don't know/Not sure 7 7
- Refused 9 9

30. Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion? (74-75)

a. Number of times — —

b. None 8 8

Don't know/Not sure..... 7 7

Refused 9 9

31. During the past month, how many times have you driven when you've had perhaps too much to drink? (76-77)

a. Number of times — —

b. None 8 8

Don't know/Not sure..... 7 7

Refused 9 9

Section 9: Demographics

32. What is your age? (78-79)

Code age in years _ _

Don't know/Not sure 0 7

Refused..... 0 9

33. What is your race? (80)

Would you say: ***Please read***

a. White 1

b. Black..... 2

c. Asian, Pacific Islander..... 3

d. American Indian, Alaska Native 4

or

e. Other: (specify)_____ 5

Do not read these responses Don't know/Not sure..... 7

Refused 9

34. Are you of Spanish or Hispanic origin? (81)

a. Yes 1

b. No 2

Don't know/Not sure..... 7

Refused 9

35. Are you: (82)

Please read

- a. Married 1
- b. Divorced..... 2
- c. Widowed 3
- d. Separated 4
- e. Never been married 5
- or**
- f. A member of an unmarried couple..... 6
- Do not read this response** Refused 9

36. How many children live in your household who are...

Please read

- a. less than 5 years old?..... (83)
 - b. 5 through 12 years old? (84)
 - c. 13 through 17 years old? (85)
- Code 1-9**
7=7 or more
8=None
9=Refused

37. What is the highest grade or year of school you completed? (86)

Read Only if Necessary

- a. Never attended school or kindergarten only 1
- b. Grades 1 through 8 (Elementary) 2
- c. Grades 9 through 11 (Some high school) 3
- d. Grade 12 or GED (High school graduate)..... 4
- e. College 1 year to 3 years (Some college or technical school) 5
- f. College 4 years or more (College graduate) 6
- Refused 9

38. Are you currently: (87)

Please read

- a. Employed for wages 1
- b. Self-employed 2
- c. Out of work for more than 1 year 3
- d. Out of work for less than 1 year 4
- e. Homemaker 5
- f. Student 6
- g. Retired 7
- or**
- h. Unable to work 8
- Refused 9

39. Is your annual household income from all sources: (88-89)

Read as appropriate

If respondent refuses at any income level, code refused	a. Less than \$25,000 If "no," ask e; if "yes," ask b (\$20,000 to less than \$25,000)	0 4
	b. Less than \$20,000 If "no," code a; if "yes," ask c (\$15,000 to less than \$20,000)	0 3
	c. Less than \$15,000 If "no," code b; if "yes," ask d (\$10,000 to less than \$15,000)	0 2
	d. Less than \$10,000 If "no," code c	0 1
	e. Less than \$35,000 If "no," ask f (\$25,000 to less than \$35,000)	0 5
	f. Less than \$50,000 If "no," ask g (\$35,000 to less than \$50,000)	0 6
	g. Less than \$75,000 If "no," code h (\$50,000 to \$75,000)	0 7
	h. \$75,000 or more	0 8
Do not read these responses	Don't know/Not sure.....	7 7
	Refused	9 9

40. About how much do you weigh without shoes? (90-92)

Round fractions up

Weight _ _ _ pounds
Don't know/Not sure..... 7 7 7
Refused 9 9 9

41. About how tall are you without shoes? (93-95)

Round fractions down

Height _ / _ _ ft/inches
Don't know/Not sure..... 7 7 7
Refused 9 9 9

42. What county do you live in? (96-98)

FIPS county code _ _ _
Don't know/not sure 7 7 7
Refused 9 9 9

43. Do you have more than one telephone number in your household? (99)

a. Yes 1
b. No **Go to Q. 45** 2
Refused **Go to Q. 45** 9

44. How many residential telephone numbers do you have? (100)

Total telephone numbers [**8=8 or more**] _
Refused 9

45. Indicate sex of respondent. ***Ask only if necessary*** (101)

Male **Go to Q. 58** 1

Female 2

Section 10: Women's Health

Now I have some questions about other health services you may have received.

46. A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram? (102)

- a. Yes 1
- b. No **Go to Q. 50** 2
- Don't know/Not sure **Go to Q. 50** 7
- Refused **Go to Q. 50** 9

47. How long has it been since you had your last mammogram? (103)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago **Go to Q. 49** 5
- Don't know/Not sure 7
- Refused 9

48. About how many mammograms have you had in the last five years?
(104-105)

Number of mammograms — —
None 8 8
Don't know/Not sure 7 7
Refused..... 9 9

49. Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?
(106)

a. Routine checkup 1
b. Breast problem other than cancer..... 2
c. Had breast cancer..... 3
Don't know/Not sure..... 7
Refused 9

50. A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?
(107)

a. Yes 1
b. No **Go to Q. 53**..... 2
Don't know/Not sure **Go to Q. 53**..... 7
Refused **Go to Q. 53** 9

51. How long has it been since your last breast exam? (108)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago..... 5
- Don't know/Not sure..... 7
- Refused 9

52. Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer? (109)

- a. Routine Checkup 1
- b. Breast problem other than cancer..... 2
- c. Had breast cancer..... 3
- Don't know/Not sure..... 7
- Refused 9

53. A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear? (110)

- a. Yes 1
- b. No **Go to Q. 56**..... 2
- Don't know/Not sure **Go to Q. 56**..... 7

Refused **Go to Q. 56** 9
54. How long has it been since you had your last Pap smear? (111)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago..... 5
- Don't know/Not sure..... 7
- Refused 9

55. Was your last Pap smear done as part of a routine exam, or to check a current or previous problem? (112)

- a. Routine exam..... 1
- b. Check current or previous problem..... 2
- Other..... 3
- Don't know/Not sure..... 7
- Refused 9

56. Have you had a hysterectomy? (113)

A hysterectomy is an operation to remove the uterus (womb)

- a. Yes **Go to Q. 58** 1
- b. No 2
- Don't know/Not sure..... 7
- Refused 9

If respondent is 45 years old or older, go to Q. 58.

57. To your knowledge, are you now pregnant?	(114)
a. Yes	1
b. No	2
Don't know/Not sure.....	7
Refused	9

Section 11: Immunization

58. During the past 12 months, have you had a flu shot? (115)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure..... 7
 - Refused 9
59. Have you ever had a pneumonia vaccination? (116)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure..... 7
 - Refused 9

Section 12: Colorectal Cancer Screening

If respondent is 40 years or older, continue with Q. 60. Otherwise, go to Section 13: HIV/AIDS.

60. A digital rectal exam is when a doctor or other health professional inserts a finger in the rectum to check for cancer and other health problems. Have you ever had this exam? (117)

- a. Yes 1
- b. No **Go to Q. 62** 2
- Don't know/Not sure **Go to Q. 62** 7
- Refused **Go to Q. 62** 9

61. When did you have your last digital rectal exam? (118)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Refused 9

62. A proctoscopic exam is when a tube is inserted in the rectum to check for cancer and other health problems. Have you ever had this exam? (119)

- a. Yes 1
- b. No **Go to Section 13: HIV/AIDS** 2
- Don't know/Not sure **Go to Section 13:HIV/AIDS** 7
- Refused **Go to Section 13: HIV/AIDS** 9

63. When did you have your last proctoscopic exam? (120)

Read only if necessary

- a. Within the past year (1 to 12 months ago) 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago..... 4
- Don't know/Not sure..... 7
- Refused 9

Section 13: HIV/AIDS

If respondent is 65 years old or older, go to next section.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

64. If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS? (121-122)

*Code 01
thru 12*

- a. Grade _ _
- b. Kindergarten 5 5
- c. Never 8 8
- Don't know/Not sure..... 7 7
- Refused 9 9

65. If you had a teenager who was sexually active, would you encourage him or her to use a condom? (123)

- a. Yes 1
- b. No 2
- Would give other advice..... 3
- Don't know/Not sure..... 7
- Refused 9

66. What are your chances of getting infected with HIV, the virus that causes AIDS? (124)

Would you say: **Please read**

- a. High 1
- b. Medium 2
- c. Low 3
- or**
- d. None 4
- Not applicable **Go to Q. 68** 5
- Do not read these responses**
Don't know/Not sure 7
- Refused 9

67. Have you ever had your blood tested for HIV? (125)

- a. Yes **Go to Q. 68** 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

68a. Have you donated blood since March 1985? (126)

- a. Yes 1
- b. No **Go to Q. 73** 2
- Don't know/Not sure **Go to Q. 73** 7
- Refused **Go to Q. 73** 9

69a. When did you last donate blood? (127-130)

Code month and year **Go to Q. 73** _ / _ _

Don't know/Not sure **Go to Q. 73** 7 7 7 7

Refused **Go to Q. 73** 9 9 9 9

68. When was your last blood test for HIV? (131-134)

Code month and year _ / _ _

Don't know/Not sure..... 7 7 7 7

Refused 9 9 9 9

69. What was the main reason you had your last blood test for HIV? (135-136)

Reason code..... — —

Read only if necessary

- a. For hospitalization or surgical procedure 0 1
- b. To apply for health insurance..... 0 2
- c. To apply for life insurance 0 3
- d. For employment..... 0 4
- e. To apply for a marriage license..... 0 5
- f. For military induction or military service 0 6
- g. For immigration..... 0 7
- h. Just to find out if you were infected..... 0 8
- i. Because of referral by a doctor 0 9
- j. Because of pregnancy 1 0
- k. Referred by your sex partner 1 1
- l. Because it was part of a blood donation process..... 1 2
- m. For routine check-up..... 1 3
- n. Because of occupational exposure 1 4
- o. Because of illness 1 5
- p. Other..... 8 7
- Don't know/Not sure..... 7 7
- Refused 9 9

70. Where did you have your last blood test for HIV? (137-138)

Facility Code _ _

Read only if necessary

- a. Private doctor, HMO 0 1
- b. Blood bank, plasma center, Red Cross 0 2
- c. Health department 0 3
- d. AIDS clinic, counseling, testing site 0 4
- e. Hospital, emergency room, outpatient clinic 0 5
- f. Family planning clinic..... 0 6
- g. Prenatal clinic 0 7
- h. Tuberculosis clinic 0 8
- i. STD clinic..... 0 9
- j. Community health clinic 1 0
- k. Clinic run by employer 1 1
- l. Insurance company clinic..... 1 2
- m. Other public clinic 1 3
- n. Drug treatment facility 1 4
- o. Military induction or military service site..... 1 5
- p. Immigration site 1 6
- q. At home, home visit by nurse or health worker 1 7
- r. At home using self-testing kit..... 1 8
- s. Other 8 7
- Don't know/Not sure..... 7 7
- Refused 9 9

71. Did you receive the results of your last test? (139)
- a. Yes 1
 - b. No **Go to Q. 73** 2
 - Don't know/Not sure **Go to Q. 73** 7
 - Refused **Go to Q. 73** 9
72. Did you receive counseling or talk with a health care professional about the results of your test? (140)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9
73. Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose? (141)
- Would you say: **Please read**
- a. Very effective 1
 - b. Somewhat effective 2
 - or**
 - c. Not at all effective 3
 - Don't know how effective 4
 - Don't know method 5
 - Refused 9
- Do not read these responses**

74. Due to what you know about HIV, have you changed your sexual behavior in the last 12 months? (142)

- a. Yes 1
- b. No **Go to next section** 2
- Don't know/Not sure **Go to next section** 7
- Refused **Go to next section** 9

75. Have you:

Please Read	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Had sexual intercourse with only one partner?	1	2	7	9	(143)
b. Used condoms for protection?	1	2	7	9	(144)
c. Been more careful in selecting sexual partners?	1	2	7	9	(145)

Transition to Modules and/or State-added Questions

Finally, I have just a few questions left about some other health topics.

If “yes” to core question 15, continue. Otherwise, go to next section.

Module 3: Diabetes

1. How old were you when you were told you have diabetes? (166-167)
- Code age in years **[76 = 76 and older]** _ _
- Don't know/Not sure 7 7
- Refused 9 9
2. Are you now taking insulin? (168)
- a. Yes 1
- b. No **Go to Q. 4** 2
- Refused **Go to Q. 4** 9
3. Currently, about how often do you use insulin? (169-171)
- a. Times per day 1 _ _
- b. Times per week 2 _ _
- c. Use insulin pump 3 3 3
- Don't know/Not sure 7 7 7
- Refused 9 9 9

4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (172-174)

- a. Times per day 1 __ __
- b. Times per week 2 __ __
- c. Times per month 3 __ __
- d. Times per year 4 __ __
- e. Never 8 8 8
- Don't know/Not sure 7 7 7
- Refused 9 9 9

5. Have you ever heard of glycosylated hemoglobin [gli-KOS-ilated he-mo-glo-bin] or hemoglobin "A one C"? (175)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

6. About how many times in the last year have you seen a doctor, nurse, or other health professional for your diabetes? (176-177)

- a. Number of times __ __
- b. None **Go to Q. 9** 8 8
- Don't know/Not sure **Go to Q. 9** 7 7
- Refused **Go to Q. 9** 9 9

If "No," "Dk/Ns," or "Refused" to Q. 5, go to Q. 8.

7. About how many times in the last year has a doctor, nurse, or other health professional checked you for glycosylated hemoglobin or hemoglobin "A one C"? (178)

- a. Number of times **[6=6 or more]** ___
- b. None 8
- Don't know/Not sure 7
- Refused 9

8. About how many times in the last year has a health professional checked your feet for any sores or irritations? (179)

- a. Number of times **[6=6 or more]** ___
- b. None 8
- Don't know/Not sure 7
- Refused 9

9. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (180)

Read Only if Necessary

- a. Within the past month (0 to 1 month ago) 1
- b. Within the past year (1 to 12 months ago) 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. 2 or more years ago 4
- e. Never 8
- Don't know/Not sure 7
- Refused 9

I would now like to ask you three questions about how well you see with your glasses or contacts on if you use them.

10. How much of the time does your vision limit you in recognizing people or objects across the street? (181)

Would you say: **Please read**

- a. All of the time 1
- b. Most of the time 2
- c. Some of the time 3
- d. A little bit of the time 4

or

- e. None of the time 5

**Do not
read these
responses**

- Don't know/Not sure 7
- Refused 9

11. How much of the time does your vision limit you in reading print in a newspaper, magazine, recipe, menu, or numbers on the telephone? (182)

Would you say: **Please read**

- a. All of the time 1
- b. Most of the time 2
- c. Some of the time 3
- d. A little bit of the time 4

or

- e. None of the time 5

**Do not
read these
responses**

- Don't know/Not sure 7
- Refused 9

12. How much of the time does your vision limit you in watching television? (183)

Would you say: **Please read**

- a. All of the time 1
- b. Most of the time 2
- c. Some of the time 3
- d. A little bit of the time 4
- or**
- e. None of the time 5
- Do not read these responses** Don't know/Not sure 7
- Refused 9

State-Added: Food Handling and Preparation

1. After handling raw meat or chicken in the kitchen, which of the following best describes what you usually do next? (275)

Do you:

Please Read

- a. Continue cooking 1
- b. Rinse and/or wipe your hands, then continue cooking 2
- c. Wash your hands with soap and water, then continue cooking 3

or

- d. You don't handle uncooked meat or chicken **Go to Q. 3** 4
- {PRIVATE }Other 5{tc \l 1 " Other 5"}
- Don't know/Not sure 7
- {PRIVATE }Refused 9{tc \l 1 " Refused

Do not read these responses

2. After you have used a cutting board, counter top, or other surface for cutting raw meat or chicken, which of the following best describes what you usually do next? (276)

Do you:

Please Read

- a. Continue using the surface as is..... 1
- b. Rinse and/or wipe the surface, then continue cooking 2
- c. Wash the surface with soap or bleach and water, then continue cooking..... 3
- or**
- d. You don't cut raw meat or chicken..... 4
- Other 5
- Don't know/Not sure 7
- Refused..... 9

***Do not
read these
responses***

3. These next questions are about food which you may eat or drink. I am going to name several different food items. Thinking over the past 12 months, please tell me how often you ate or drank each one; for example, twice a week, three times a month, and so forth. Include all foods you ate or drank, both at home and away from home.

In the past 12 months, how often did you eat vegetables that you or someone else canned at home, such as asparagus, corn, or tomato sauces? (277-279)

- a. Per day 1 __
- b. Per week..... 2 __
- c. Per month 3 __
- d. Per year 4 __
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

4. In the past 12 months, how often did you eat hamburgers, both at home and away from home? (280-282)

- a. Per day 1 __
- b. Per week..... 2 __
- c. Per month 3 __
- d. Per year 4 __
- e. Never **Go to Q. 6** 5 5 5
- Don't know/Not sure **Go to Q. 6** 7 7 7
- Refused **Go to Q. 6** 9 9 9

5. In the past 12 months, how often did you eat hamburgers that were still pink or red on the inside, both at home and away from home? (283-285)

- a. Per day 1 _ _
- b. Per week..... 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused..... 9 9 9

6. In the past 12 months, how often did you eat eggs which were soft-boiled, soft-poached, loosely scrambled, or lightly fried with a runny yolk, both at home and away from home? (286-288)

- a. Per day 1 _ _
- b. Per week..... 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused..... 9 9 9

7. In the past 12 months, how often did you eat raw oysters, at home and away from home? (289-291)

- a. Per day 1 _ _
- b. Per week..... 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused..... 9 9 9

8. In the past 12 months, did you drink any unpasteurized milk, also known as "raw milk"? (292)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused..... 9

9. Now think for a moment about purchasing meat at the grocery store. Since the spring of 1994, packages of uncooked meat and poultry at grocery stores have had new labeling information. Meat and poultry labels now include new pictures and written information. Have you seen this information? (293)

- a. Yes 1
- b. No **Go to Q. 12**..... 2
- Don't know/Not sure **Go to Q. 12**..... 7
- Refused **Go to Q. 12**..... 9

10. Do you remember reading anything in the new labeling about safe handling of raw meat and poultry? (294)
- a. Yes 1
 - b. No **Go to Q. 12**..... 2
 - Don't know/Not sure **Go to Q. 12**..... 7
 - Refused **Go to Q. 12**..... 9
11. Has the new labeling information on raw meat and poultry changed the way you prepare these products? (295)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused..... 9
12. In the past month, were you ill with diarrhea lasting at least two days with at least three loose stools on one of those days? (296)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused..... 9

State-Added: Social Context

1. How safe from crime do you consider your neighborhood to be? (297)

Would you say:

Please Read

- a. Extremely safe 1
- b. Quite safe 2
- c. Slightly safe..... 3
- d. Not at all safe 4
- Don't know/Not sure 7
- Refused..... 9

2. Do you own or rent your home? (298)

- a. Own 1
- b. Rent 2
- Refused..... 9

3. How long have you lived at your current address? (299)

Read Only if Necessary

- a. Less than six months (1 to 6 months) 1
- b. Less than one year (6 to 12 months) 2
- c. Less than two years (1 to 2 years) 3
- d. 2 or more years..... 4
- Don't know/Not sure 7
- Refused..... 9

4. How many close friends or relatives would help you with your emotional problems or feelings if you needed it? (300)
- a. 3 or more persons..... 1
 - b. 2 or more persons..... 2
 - c. 1 or more persons..... 3
 - d. None 4
 - Don't know/Not Sure 7
 - Refused..... 9

State-Added: Food Security

1. In the past 30 days, have you been concerned about having enough food for you or your family? (301)
- a. Yes 1
 - b. No 2
 - Don't know/Not Sure 7
 - Refused..... 9

State-Added: Chlamydia Awareness

- 1. Have you either heard of or read about chlamydia infections? (302)
 - a. Yes 1
 - b. No **Go to closing statement** 2
 - Don't know/Not sure 7
 - Refused..... 9

- 2. A chlamydia infection is an infection of... (303)

Please Read

- a. the throat 1
- b. the skin 2
- c. the joints 3
- d. the reproductive organs 4
- e. all of the above 5
- or**
- f. none of the above 6
- Do not* Don't know/Not sure 7
- read these*
- responses* Refused..... 9

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.