



“STAGE YELLOW”: STEPS FOR COMMUNITY RECOVERY from SALMONELLA OUTBREAK

Salmonella:

Symptoms to be aware of are Diarrhea (sometimes bloody), Stomach cramps, Fever, and Vomiting.

Adults and Children returning to work, school, or daycare should be free of the above symptoms for 24 Hours or more.

Cautions for City Tap Water use:

- Citizens that are sensitive to chlorine should avoid contact with city water during the stage 2 process. Young children, senior citizens or individuals with sensitive skin may experience skin, eye, or other irritation from the chlorine should **LIMIT THEIR EXPOSURE DURING THIS PERIOD.**
- If signs of irritation occur, rinse irritated areas with **bottled water**. If the irritation continues or spreads contact your health care provider for follow up care.
- Do not use city water to clean any open sores or wounds.
- Continue to use bottled water for tooth brushing, drinking, and food preparation.
- Sponge baths or brief showers only in luke-warm City water are encouraged.

Hand Washing:

Hand washing with soap and tap water is recommended for most persons. Use a clean dry towel or air dry when hand washing is complete.

Tips for helping young children hand wash:

- Coach proper hand washing with warm tap water and soap.
- Routinely ask children if they have washed their hands
- Schedule hand washing (Ideal times: after recess, after bathroom use, or before and after meals.)
- Continue washing hands (for 20 seconds by the clock.)

Food and Water Use Guidelines

- Limit or reduce menu offerings requiring water and consider using pre-packaged foods.
- Food Service workers must follow established guidelines and employers should monitor for compliance.
- Drinking fountains should not be used.
- Do not operate ice machines or any other water dispensing machine.
- Food Service equipment should be sanitized following the manufacturers guidelines. Bottled and canned beverages can be used as a substitute for dispensed beverages.
- Use packaged ice. Do not use ice derived from City of Alamosa water sources.
- You **MUST NOT USE CITY TAP WATER** for:
 - Drinking including tooth brushing.
 - Food preparation and recipes, vegetable and fruit washing.
 - Manual utensil and equipment washing, rinsing, and sanitizing.
- **IF YOU ARE NOT SURE, USE BOTTLED WATER INSTEAD OF TAP WATER**