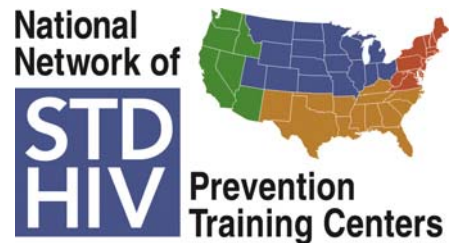


**MID-AMERICA STD/HIV PREVENTION  
TRAINING CENTER**  
PARTNER SERVICES AND PROGRAM SUPPORT

# Course Catalogue 2008





## MID-AMERICA PREVENTION TRAINING CENTER

<http://www.cdphe.state.co.us/dc/HIVandSTD/tatp/index.html>

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## TRAINERS & STAFF

### **BOB BONGIOVANNI**

Bob Bongiovanni is the Manager of the STD/HIV Technical Assistance and Training Program at the Colorado Department of Public Health and Environment (CDPHE). He began at CDPHE as the Coordinator of Coloradans Working Together: Preventing HIV/AIDS, a CDC-funded HIV prevention community planning process. Prior to joining CDPHE, Bob was a health educator coordinating HIV prevention services for the Jefferson County Department of Health and Environment and was a founding board member and Associate Director of the Rocky Mountain Center for Health Promotion and Education. He has authored or co-authored a number of publications, including the Prevention Generalist Manual of Colorado Alcohol and Drug Abuse Division, the Care and Respect curriculum for youth at risk of HIV due to substance use or abuse, an inhalant abuse prevention curriculum, the Lunch Club HIV prevention curriculum for young gay men and lesbians, and CDPHE's HIV Prevention Community Planning Workbook. He has also been a speaker at several national and international conferences, including the CDC Community Planning Leadership Summits (1998, 1999, 2000, and 2001), the US Conference on AIDS (1999), the Rocky Mountain Regional Conference on HIV Disease (2000 and 2001), and the annual conference of the International Association for Public Participation (1998 and 2000). Bob holds a Master's Degree in psychology from Regis University and is a member of the International Association for Public Participation (IAP2). The Coloradans Working Together project was the recipient of the IAP2 1998 Core Values Award, and Bob was the recipient of the 2000 Special Recognition Award at the Rocky Mountain Regional Conference on HIV Disease.

### **JENNETT RAY BEZDEK**

Jennett Ray Bezdek works with the STD/HIV Technical Assistance and Training Program at the Colorado Department of Public Health and Environment (CDPHE), as the Data Coordinator for the Mid-America STD/HIV Prevention Training Center. She is the Materials Review Panel state representative and state chairperson. Jennett Ray began her journey at CDPHE in 1994. She has worked throughout the Disease Control and Environmental Epidemiology Division, which included work in the Hepatitis Program, Lead Program, STD/HIV Registry (HIV, Gonorrhea, and Chlamydia positions), and the HIV/AIDS Surveillance unit. Jennett Ray has also worked with the Jefferson County Department of Health and Environment as a Peer Educator and taught the Care & Respect course for youth at risk for HIV. Upon completion of the class, students received credit towards their high school diploma.

### **EMILY CARSON**

Emily Carson is responsible for training and curriculum development. She has been at the Colorado Department of Public Health and Environment since 1992 serving 2 years as a Disease Intervention Specialist/Partner Services Provider, 8 years as a trainer for the National Network of Prevention Training Centers, and 3 years as a course developer. Emily is both a Langevin and Centers for Disease Control (CDC) certified trainer. She has a BA degree in sociology and psychology from the University of Colorado. Her other experience includes two years at the Colorado Bureau of Investigation and two years working in an alternative foster home.

## TRAINERS & STAFF

### **REGINA CHARTER**

Regina Charter is a trainer and the coordinator for the Prevention Training Center for the Capacity Building Unit of the Technical Assistance and Training Program at the Colorado Department of Public Health and Environment. Regina has worked for the STD HIV Section providing Partner Counseling and Referral Services since 1987. She began her career as a Disease Intervention Specialist (DIS) and supervised DIS staff for 15 years prior to working for TATP. Regina has a BA degree in Journalism and Telecommunications from the University of Northern Colorado in Greeley, Colorado.

### **SOLWAZI S. JOHNSON**

Solwazi S. Johnson currently serves as a trainer and consultant in the Capacity Building Unit of the Technical Assistance and Training Program at CDPHE. He began his career here at the STD/AIDS Section in 1987 as a Disease Intervention Specialist. Solwazi has a BA degree in Public Administration from San Jose State University in San Jose, California and an AS degree in Preventive Medicine Technology from Merritt College in Oakland, California.

### **SUE PRZEKWAS**

Sue Przekwas supervises the Capacity Building Unit of the Technical Assistance and Training Program at the Colorado Department of Public Health and Environment. She started at the Colorado Department of Public Health and Environment in 1987 and served in the Partner Counseling and Referral Services Program until 2005. During her career with the department she worked primarily as a Disease Intervention Specialist (DIS); the last 5 years dedicated to supervising Prevention Case Management staff statewide and DIS staff in rural Colorado. Sue has a BS degree in Biology from Bradley University in Peoria, Illinois.

## MISSION STATEMENT & VALUES

### MISSION STATEMENT:

To promote excellence in the provision of STD/HIV prevention services by strengthening the capacity of individuals, agencies and communities.

### VALUES:

In the Mid-America STD/HIV Prevention Training Center we value the experience and knowledge of our participants.

### As a participant we challenge you to:

- Process the information learned using and connecting your own experiences and diversity;
- Reflect on ways the information learned will assist you to do your job in more effective ways;
- Step out of your comfort level to gain knowledge, insight and skills.

### As a training center we will:

- Give participants the freedom to guide their own learning;
- Explore and value different learning processes to meet the needs of the participants;
- Ensure participants find relevancy and applicability in what they learn;
- Value flexibility, spontaneity and creativity in a comfortable environment;
- Implement a relevant skills-based course design with ample time to process and reflect.

## MID-AMERICA PREVENTION TRAINING COURSE DESCRIPTIONS PARTNER SERVICES

The Mid-America Prevention Training Center is part of the National Network of Prevention Training Centers (NNPTC) funded through the Centers for Disease Control and Prevention (CDC). The Colorado Department of Public Health and Environment (CDPHE), a founding member of the NNPTC, has recently been re-funded for its third consecutive five-year cycle to deliver the Part III courses (Partner Services and Program Support). The MAPTC has trained hundreds of health professionals and has collaborated in the development of training curricula that are now considered national standards. Our Training Center is responsible for providing training to the 16 states of the Central Quadrant. However, we will deliver training anywhere it is needed throughout the nation. Our classes are in full accordance with CDC guidelines, initiatives, essential functions, and areas of special emphasis. Our staff is composed of highly experienced public health professionals with extensive background in Partner Services and related public health disciplines.

Course descriptions are also posted on the NNPTC website at [http://www.depts.washington.edu/nnptc/core\\_training/partner](http://www.depts.washington.edu/nnptc/core_training/partner)

### PARTNER SERVICES COURSES

#### **FUNDAMENTALS OF STD INTERVENTION:**

This 5-day course is designed for counselors, managers of staff who conduct partner services, public health nurses, or other prevention workers who need comprehensive partner service skills. Focusing on gonorrhea and Chlamydia, this class will cover interview periods, communication, assertiveness, problem solving, the STD interview format, field investigations, partner notification and referral, and a brief overview of case management. This course does not provide in-depth syphilis case management or visual case analysis. Prior to attending this course, participants will need to successfully complete selected portions of the CDC "2006 Employee Development Guide". Please see "Employee Development Guide" below for further information.

#### **HIV PARTNER COUNSELING AND REFERRAL SERVICES (PCRS):**

This 3-day course is a skills-based training designed for staff in both prevention and care programs working with people living with HIV. This course provides participants with the knowledge and skills to conduct partner counseling, elicitation, and field-oriented HIV partner notification. Participants also role-play situations likely to be encountered during an HIV field investigation. Additionally, the course will provide a perspective on local PCRS considerations. *A prerequisite for this course is the successful completion of the course Fundamentals of Prevention Counseling.*

**INTRODUCTION TO STD INTERVENTION (ISTDI):**

This 9-day course is designed for full-time Disease Intervention Specialists (DIS). It emphasizes the development of skills and techniques for interviewing STD patients in order to identify sex partners for referral to medical evaluation. It also focuses on how to help patients manage current infections and prevent future ones. Participants practice communication, problem solving, and motivation skills in role-plays with constructive feedback from the instructor. The course includes an introduction to visual case analysis for syphilis, case management, and the Lot System. Prior to attending this course, participants will need to successfully complete the CDC "2006 Employee Development Guide"

Please see "Employee Development Guide" below for further information.

**PARTNER SERVICES FOR HEALTH CARE PROFESSIONALS:**

This two-day course is designed for prevention workers who will do minimal work with partner services (perhaps rarely or as an adjunct to another service). The course covers interview periods, the STD interview format, elicitation and coaching, and an overview of partner referrals.

**EMPLOYEE DEVELOPMENT GUIDE:**

Successful completion of the *2006 STD Employee Development Guide (EDG)* is a prerequisite to the ISTD and Fundamentals of STD Intervention courses. Additionally, the *EDG* serves as an important reference utilized by Disease Intervention Specialists and other health care professionals throughout their careers. The *EDG* is a series of 15 modules with a subsequent knowledge assessment at the end of each module followed by a comprehensive exam. The modules are required in order to apply the basic concepts of disease intervention, prevention and control. To be considered eligible to attend ISTD individuals must score a minimum of 70% on the comprehensive exam.

## MID-AMERICA PREVENTION TRAINING COURSE DESCRIPTIONS PROGRAM SUPPORT

### PROGRAM SUPPORT COURSES

#### **CULTURAL COMPETENCE I:**

This two-day course is designed to define cultural competence and explain the role cultural competence has in providing effective HIV prevention services. The course addresses the issues of racism, stereotyping, prejudice, culture, class, taboos, ethnocentrism, power and privilege and also provides the basic foundation of building individual cultural competence. It will introduce participants to the skills necessary to begin a cultural dialogue so that they can better understand the impact of culture on HIV/STD risk. The class does not describe or distinguish differences or similarities in language, values, beliefs, customs or traditions within various racial or ethnic groups or communities.

#### **CULTURAL COMPETENCE II:**

This one-day course is geared towards interpersonal reflection surrounding participant attitudes and biases. It will challenge participants to examine their own views and listen openly to the views of others. Participants will identify personal biases, understand how biases are formed, and increase their level of comfort in addressing bias-related issues.

#### **MANAGEMENT ISSUES FOR SUPERVISORS:**

This one-day course provides perspective on the roles of supervisors and how supervisors are involved in all areas that support quality. Topics include: core management and supervision skills, the role of the supervisor in change management, and the job performance improvement process. Participants will learn and apply a job performance analysis model, identify solutions to job performance problems, and describe how to implement performance improvement solutions.

## **MID-AMERICA PREVENTION TRAINING COURSE DESCRIPTIONS PROGRAM SUPPORT**

### **MEN HAVING SEX WITH MEN: HIV PREVENTION ISSUES FOR SERVICE PROVIDERS:**

This one-day course is designed to assist HIV prevention service providers to be effective with a unique client population: men who have sex with men (MSM). It reviews basic information on sexual development and orientation, examines the "coming out" process, and relates its various stages associated with HIV risk behaviors. This course also discusses how substance use and other mental health issues impact HIV prevention and identifies appropriate psychosexual health supports for MSM assessed to have high-risk behaviors.

### **MENTAL HEALTH AND HIV PREVENTION:**

This one-day course is designed to assist HIV prevention service providers to identify clients in need of mental health services. Since mental health issues, including substance use, can add to HIV risk-taking behavior, it is important that service providers be able to effectively identify and refer those in need of additional services. Participants are trained to use the validated Substance Abuse and Mental Illness Symptoms Screener (SAMISS), which was developed specifically for clients at risk for, or infected with, HIV.

### **TRAINING OPERATIONS TO PROMOTE SAFETY AROUND FIELD ENCOUNTERS (TOPSAFE):**

This 2-day, interactive, skill-building course is designed for public health professionals who are involved in fieldwork, such as full-time Disease Intervention Specialists (DIS) or community outreach workers. Participants experience situations associated with basic safety principles, interpersonal communications and problem solving.

## MID-AMERICA PREVENTION TRAINING COURSE DESCRIPTIONS

### Courses under Development:

- Social Network Approach to Clustering

## REGISTERING & SCHEDULING

For questions regarding registration or to arrange for a training to be held in your area, call:

Sue Przekwas at 303-692-2759

[Sue.Przekwas@state.co.us](mailto:Sue.Przekwas@state.co.us)

-or-

Regina Charter at 303-692-2747

[Regina.Charter@state.co.us](mailto:Regina.Charter@state.co.us)

## TRAINING SCHEDULE

For a current listing of Prevention Training Center trainings scheduled nationwide please visit the website:

[www.cdc.gov/hiv/cba](http://www.cdc.gov/hiv/cba) under the "TRAINING EVENTS CALENDAR" link

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**Colorado Department  
of Public Health  
and Environment**

