

International Travelers



Colorado Department
of Public Health
and Environment

Don't Bring Measles Home as a Souvenir

- Measles is common in many parts of the world, including a number of European countries.
- Recent measles outbreaks in the United States have been linked to Americans traveling to other countries and visitors to the U.S.
- Measles is highly contagious (easily spread to non-immune persons) and can be a severe, life-threatening illness.

Protect Yourself From Measles

- **Infants 6-11 months of age should receive 1 dose** of measles vaccine (or MMR vaccine) before departure.
- **Persons 12 months of age or older should have 2 doses** of measles vaccine (at least one month apart) before departure, **UNLESS**
 - you already had 2 doses of measles vaccine, or
 - you were born before 1957, or
 - you had physician-diagnosed measles, or
 - you had a blood test showing measles immunity.

Additional Measles Information is Available at:

<http://www.cdphe.state.co.us/dc/Epidemiology/Measles/index.html>

<http://www.cdc.gov/measles/index.html>

