




Exclusions & Restrictions of Ill Food Handlers from Retail Food Establishments


These general guidelines for applying the *Rules and Regulations Governing Retail Food Establishments in the State of Colorado* are provided by the Colorado Department of Public Health and Environment, Consumer Protection Division. Additional information about the rules and regulations may be obtained by calling 303-692-3620, or visiting the Division's web page - www.cdphe.state.co.us/cp

GENERAL POPULATION FACILITIES		REINSTATING:
EXCLUDE	 <p>If <u>diagnosed w/ big 4:</u> <i>S. typhi</i>, <i>Shigella</i> spp., Shiga toxin-producing <i>E. coli</i> or HAV {per 2-203}</p> <p><u>Jaundice</u> ≤ 7 days {per 2-203} (Cause of jaundice may not be HAV, but the person is excluded until MD clearance & documentation is attained.)</p> <p>Experiencing <u>symptoms</u> associated with GI illness: diarrhea, fever, and/or vomiting. (For jaundice, see above and below) {per 2-201 and 2-206, no diagnosis of big 4}.</p>	<p><u>Regulatory approval</u> & MD* documentation: free of symptoms & negative stools¹ for <i>S. typhi</i>, <i>Shigella</i> or Shiga toxin-producing <i>E. coli</i> {per 2-203 via 2-204}. (HAV, see below)</p> <p>If <u>diagnosed as HAV</u>, then <u>regulatory approval</u> & MD documentation: until 10 days after jaundice onset; or 14 days after initial symptoms, if no jaundice; or, if no symptoms at least 2 blood tests show falling liver enzymes {per 2-203 via 2-204}.</p> <p>1) Symptoms cease & no FBI occurs, then via the PIC {per 2-201}.</p> <p>2) If a FBI occurs & free of symptoms, then via the PIC per MD documentation: free of agent causing symptoms or FBI {per 2-201 via 2-204}.</p> <p>3) Symptoms result from a chronic noninfectious condition, then via the PIC per MD documentation, {per 2-201}.</p>
RESTRICT	<p><u>Exposed lesion, boil</u> or infected wound containing pus or open/draining {per 2-205}.</p> <p><u>Asymptomatic & positive stool</u> for <i>S. typhi</i>, shigella, or Shiga toxin-producing <i>E. coli</i> (shedder) {per 2-201}</p> <p><u>Persistent sneezing, coughing or runny nose</u> {per 2-206, Discharges from Eyes, Nose & Mouth}</p>	<p>1) Hands or wrists, impermeable bandage, finger cot or stall covered with a single-use glove.</p> <p>2) Exposed portions of the arms, impermeable bandage</p> <p>3) Other parts of the body, dry, durable, tight-fitting bandage</p> <p>When stools are negative¹, then via the PIC per MD documentation of negative stools {per 2-201 via 2-204}.</p> <p>Once symptoms cease, via the PIC</p>
NOT ROUTINELY RESTRICTED	<p><u>Jaundice</u> > 7 days {per 2-201}</p> <p>Cause of jaundice may not be HAV, but the person is excluded until MD clearance & documentation is attained.</p>	<p>1) If <u>diagnosed as HAV</u>, SEE ABOVE and EXCLUDE {per 2-203 via 2-204}.</p> <p>2) If not diagnosed as HAV, no restrictions or exclusions apply SEE BELOW</p>
NOT RESTRICTED	Other prior illnesses and/or other asymptomatic conditions	

KEY FOR ABBREVIATIONS

FBI - foodborne illness **GI** - gastrointestinal **HAV** - hepatitis A virus **PIC** - person in charge
MD* - medical doctor or if allowed by law, via a nurse practitioner or physician assistant

¹ Two consecutive negative stools are required prior to reinstating for *Shigella* spp. and Shiga toxin-producing *E. coli*.
 Three consecutive negative stools are required prior to reinstating for *S. typhi*.

HIGHLY SUSCEPTIBLE POPULATION FACILITIES		REINSTATING:
	EXCLUDE If <u>diagnosed</u> w/ big 4: <i>S. typhi</i> , <i>Shigella</i> spp., Shiga toxin-producing <i>E. coli</i> or HAV {per 2-203}	Regulatory approval & MD* documentation: free of symptoms & negative stool¹ for <i>S. typhi</i> , <i>Shigella</i> or Shiga toxin-producing <i>E. coli</i> {per 2-203 via 2-204}. (HAV, see below)
	<u>Jaundice</u> ≤ 7 days {per 2-203} Cause of jaundice may not be HAV, but the person is excluded until MD clearance & documentation is attained.	If <u>diagnosed</u> as HAV , then regulatory approval & MD documentation: until 10 days after jaundice onset or 14 days after initial symptoms, if no jaundice or if no symptoms at least 2 blood tests show falling liver enzymes {per 2-203 via 2-204}.
	Experiencing <u>symptoms</u> associated with GI illness: diarrhea, fever, and/or vomiting. (For jaundice, see above and below) {per 2-201 and 2-206, no diagnosis of big 4}.	1) Symptoms cease & no FBI occurs , then via the PIC {per 2-201}. 2) If a FBI occurs & free of symptoms , then via the PIC per MD documentation: free of agent causing symptoms or FBI {per 2-201 via 2-204}. 3) Symptoms result from a chronic noninfectious condition , then via the PIC per MD documentation, {per 2-201}.
	<u>Asymptomatic & positive stool</u> for <i>S. typhi</i> , <i>Shigella</i> spp. or Shiga toxin-producing <i>E. coli</i> (shedder) {per 2-203}	When stools are negative¹ , then via the PIC per MD documentation of negative stools. {per 2-203 via 2-204}.
	<u>Prior illness</u> with: <i>S. typhi</i> w/in last 3 months {per 2-203} <i>Shigella</i> or Shiga toxin-producing <i>E. coli</i> w/in last month {per 2-203}	Free of agent , then via the PIC per MD documentation {per 2-203 via 2-204- negative stools ¹ }.
RESTRICT	<u>Exposed lesion, boil</u> or infected wound containing pus or open/ draining {per 2-205}.	1) Hands or wrists , impermeable bandage, finger cot or stall covered with a single-use glove. 2) Exposed portions of the arms , impermeable bandage 3) Other parts of the body , dry, durable, tight-fitting bandage
	Persistent sneezing, coughing or runny nose {per 2-206, Discharges from Eyes, Nose & Mouth}	Once symptoms cease , via the PIC
NOT ROUTINELY RESTRICTED	<u>Jaundice</u> > 7 days {per 2-201} Cause of jaundice may not be HAV, but the person is excluded until MD clearance & documentation is attained.	1) If <u>diagnosed</u> as HAV, SEE ABOVE and EXCLUDE {per 2-203 via 2-204}. 2) If not diagnosed as HAV , no restrictions or exclusions apply SEE BELOW
NOT RESTRICTED	Other prior illnesses and/or other asymptomatic conditions	

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FBI - foodborne illness **GI** - gastrointestinal **HAV** - hepatitis A virus **PIC** - person in charge
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In an effort to provide local health partners comprehensive guidance for the investigation and control of communicable diseases in Colorado, the CDPHE Communicable Disease Epidemiology Program is creating the Colorado Communicable Disease Manual (CDM). This manual can be reviewed on-line at:
http://www.cdphe.state.co.us/dc/epidemiology/dc_manual.html

1 Two consecutive negative stools are required prior to reinstating for *Shigella* spp. and Shiga toxin-producing *E. coli*. Three consecutive negative stools are required prior to reinstating for *S. typhi*.